

FOREIGN RIGHTS Spring 2019



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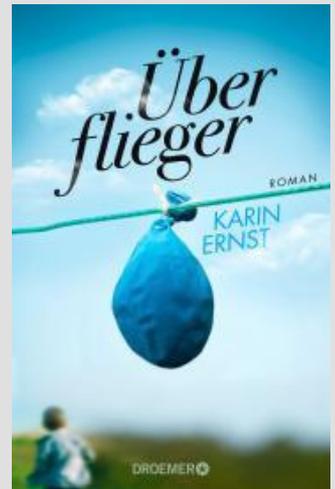
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Karin Ernst

High-Flyer

- A provoking novel with an edge and social relevance
- A brilliant début: intelligent, entertaining and clever



May 2019, 488 pages

Our house, our car, our children – on the middle class's sense of entitlement and fear of failing

Claire and her husband Niko think they have made it. They enjoy financial independence, live in a wonderful house in a fashionable city, look marvellous and are healthy. Recently returned from a year in the USA, they proudly show off their children who have turned out well. Of course, they have two splendid and talented children, who were practically born to succeed. Cordelia, their eldest, is a talented pianist. But above all their hopes ride on their younger son, Raffi, who taught himself to read and write at the age of just three and now much is expected of him. However, when Raffi starts school all these hopes turn out to be pure fantasy and for the family a real tour de force begins...

The author:

Karin Ernst, born in 1969, studied philosophy and law in Munich and worked as a public prosecutor. She lives in Munich and has two children.

Grit Landau

Marina, Marina

- The eventful story of an Italian village and its inhabitants since the 60s
- A novel about families, betrayal, atonement, the burden of amore and the irony of happiness



May 2019, 400 pages

A declaration of love to Italy and to life

At the start of the 1960s, the pop song “Marina” won the hearts of the Italians and the whole world. Young Nino from the coastal village of Sant’Amato on the Riviera understands the song only too well for he too, albeit in secret and therefore all the more, worships a Marina: the beautiful wife of the barber and the mother of his best friend. However, Marina begins a passionate affair with a man whose identity Nino only discovers many summers later. Until then, fate weaves its threads: Nino’s aunt fulfils a long-held dream, his father’s cousin falls in love with a German holidaymaker and even Marina’s secret love does not remain without consequence. Accompanied by the season’s hits, the reader witnesses life and love in Sant’Amato as well as tragedies whose roots are found far back into Italian history and that change the life of its inhabitants forever.

The author:

Grit Landau, born in 1973, writes novels, short stories and non-fiction books (the latter under her real name). Prior to becoming an author, she studied history and worked as a music and culture journalist. The passion for Italy is in the author’s blood: her father, an opera director and Puccini expert, worked several times at the Scala in Milan and in 1960, her mother aged 20 fell from a collapsing hotel balcony near Sanremo, which was practically the big bang moment for the author’s life-long love of Bella Italia. The author is married and lives with her family close to Bonn.

Judith W. Taschler

The Birthday Party

- Excitement, compassion and inimitable clear writing: this combination is only mastered by Judith W. Taschler
- One party and one unwelcome guest: Three days that end in a catastrophe



April 2019, 352 pages

One party and one unwelcome guest: Three days that end in a catastrophe

For Kim Mey's 50th birthday his three children want to surprise him with a special guest. Without his knowledge, they have invited Tevy Gardiner - the woman with whom Kim fled from Cambodia as a child. He has not seen her for 25 years. But instead of being delighted as expected, Kim reacts strangely unwelcomingly. Even Ines, the mother of the three siblings, meets Tevy with coolness. What Kim and Ines have kept secret for decades, must now inexorably be heard: the true circumstances of that dramatic flight and the dreadful end to a great love.

Judith W. Taschler: more than 250,000 copies of her work sold

The author:

Austrian novelist Judith W. Taschler was born in Linz in 1970 and grew up in the Mühlviertel region. As a young woman she lived abroad for a while and did a range of different jobs before embarking on her studies in German and History. She lives with her family in Innsbruck and worked in teaching for a number of years. Since then she has become a highly successful writer. Her first novel, 'Sommer wie Winter', came out in 2011. With her second novel, 'Die Deutschlehrerin', she won in 2014 the well-respected Friedrich-Glauser-Preis.

Vitu Falconi

Corsican Tides

- As scenic as slaughterous: Corsica from its most intriguing side
- The “Treasure of Lava” is still waiting to be discovered off the Corsican coast



April 2019, 304 pages

More than 3 million tourists per year go to Corsica!

An ancient treasure and a deadly diving adventure: part 2 of the Corsican holiday crime series

There have been indications that the Roman ship said to have been carrying the “Treasure of Lava” is wrecked off the wild and romantic Corsican coast. The island is gripped by a veritable gold rush; “honourable” Corsican families desperately want to find the treasure before the Parisian government gets to it. The wreck can only be salvaged with the help of a free diver who is able to swim between the rock crevices of the deep without a cumbersome oxygen tank. A job for Laurine. She is the girlfriend of Eric Marchand, who is a crime writer, Corsican by choice and less enthusiastic about this adventure. However, neither Laurine nor Eric can guess how dangerous the dive will actually be ...

The author:

Vitu Falconi is the pseudonym of a German author. With his thrillers and series for young adults, which have sold over half a million copies and have been translated into thirteen languages, he is a firm favourite in German light fiction. For many years, he has been visiting Corsica where he climbs mountains, cycles or goes sea diving. He loves the people with their customs and secrets, as well as the rich flora and fauna. He returns every year to research his novels. Vitu Falconi lives with his family in Southern Germany.

Andreas Föhr

Dead Hand

- 7 SPIEGEL bestsellers, over 130 weeks on the Spiegel bestseller list, total sales of 1.5 million copies – cult author Andreas Föhr is a guarantee of success.



August 2019, 416 pages

After the no. 1 Spiegel bestseller “Schwarzwasser”: case 8 for Wallner and Kreuthner!

The burial of a hand leads Police Sergeant Kreuthner to the discovery of an unusual corpse: darkly humorous, typically Bavarian and gripping!

Of all people it is game of cards Schafskopf champion Johann Lintinger who loses his right hand in a scrap metal press. Police Sergeant Kreuthner decides that this legendary right hand deserves a dignified burial and so a grave is dug next to the old chapel. While digging “corpse Leo” is once again true to his name for the plot is already occupied ... by another hand and a half decomposed male corpse who has an illegibly signed farewell note with him. Suicide? Murder? Or both? Soon, Inspector Wallner and the criminal investigation department have more questions than answers.

English translation of vol. 1, “Prinzessinnenmörder” (The Murderer of the Princesses) available.

The author:

Andreas Föhr, born in 1958, studied law and gained a doctorate in Munich. For many years, he worked as a lawyer, including a stint in Nairobi, before making a name for himself writing screenplays. His prize-winning crime novels about the investigating duo Wallner and Kreuthner regularly feature in the best seller charts. In Rachel Eisenberg, he has now created a character who not only shares his legal knowledge but also the belief that everyone, guilty or not, deserves a defence counsel. Andreas Föhr lives close to Wasserburg.

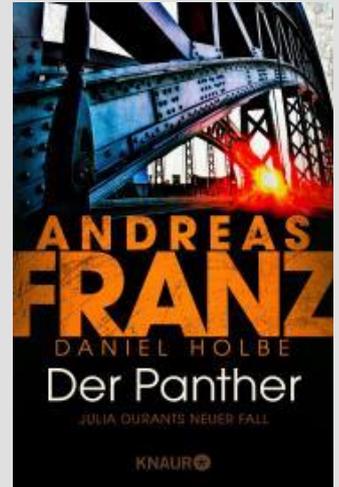
Rights to previous titles from the series sold to:

France: Prisma; Israel: Keter; Italy: Booksalad; Poland: Filia; Russia: Centrepolygraph; Turkey: Pegasus

Andreas Franz, Daniel Holbe

The Panther

- Total sales of Andreas Franz/Daniel Holbe: over 5 million copies
- Another crime scene in Frankfurt: a killer targeting couples



August 2019, 416 pages

Until death do part

Case 19 for iconic Inspector Julia Durant

A murdered couple in the city forest of Frankfurt poses a puzzle for Julia Durant and her team. The clues are not conclusive and ultimately lead to nothing. Only when there is a further double murder does it become clear that Frankfurt is being targeted by a couples murderer. The public starts panicking, a volunteer security force is formed and Julia Durant is running out of time because the murderer appears to be attacking at increasingly short intervals. Could it be that the murders are connected to an old case from the 80s? But the perpetrator was caught back then, and committed suicide shortly after.

“All crime novels should be this exciting.” OK on “Die Hyäne”

The author:

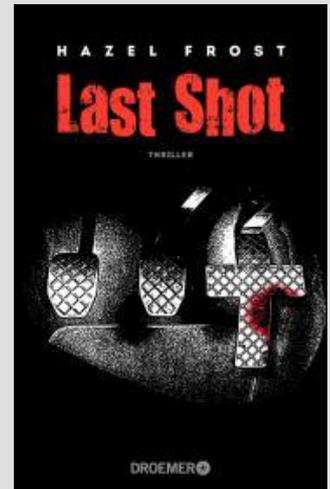
Andreas Franz was the most successful German mystery author. His books have all become bestsellers! The author died unexpectedly in March 2011.

Daniel Holbe, who lives near Frankfurt, always enjoyed mysteries set in that area and was therefore a big Andreas Franz fan. When he offered his own mystery novel to Droemer Knaur, he was pleasantly surprised by the suggestion that he also finish Andreas Franz book “Todesmelodie” – which then became a bestseller. Besides his own crime novels, he is now continuing the Julia Durant series.

Hazel Frost

Last Shot

- “Hazel Frost creates today’s hell – violent, bizarre, risky but above all very original!”
Thomas Wörtche



July 2019, 448 pages

This thriller will rob you of sleep – and steal your heart

A wild road trip, a merciless tale of revenge and a shocking family tragedy: cool, unsparing and exciting

An adrenaline-filled thriller for all fans of Luc Besson’s Leon, The Professional and Breaking Bad

The smart Russian Dima only had to spend a penny but on returning to his family’s car, his father and his sister are dead. They were executed in cold blood by shots to the head at point-blank range. There is no trace of the youngest member of the family, six-year-old Mathilda. Dima doesn’t have the faintest idea what his family was involved in. All that he knows is that he must find Mathilda and the murderer. A pursuit through the Bavarian alpine uplands that is as merciless as it is dangerous. At the end of it, all that Dima has left is at stake...

The author:

Hazel Frost, born in 1971, studied English Studies and Philosophy, worked in department stores and sold package holidays and insurance. In France, she carried out opinion polls, in the United States she devoted herself to clogging and in Germany she presented live TV. Today, she lives with her family in the Hessian provinces.

Sven Koch

Dune Blood

- A thriller with flair: atmospheric coastal crime novel set between Denmark and Langeoog



June 2019, 352 pages

Inspector suspected of murder: a new case takes Tjark Wolf to Denmark

On his return from his holiday in Denmark Inspector Tjark Wolf is shocked when he is immediately arrested on suspicion of murder. His Danish colleague Anne Madsen, with whom Tjark spent a passionate night at his holiday cottage, has gone missing. Her house is full of blood. The inspector guesses who is behind it all. Recently, Anne had been investigating the case of the “Rune Killer” who murders celebrities and scratches quotations from the Edda into their skin. Tjark escapes his imprisonment and heads to Denmark where he starts hunting for the Rune Killer under the radar of the authorities.

“A rousing story, authentic characters and much local colour: the perfect holiday crime read!” Für Sie – Buch extra on “Dümentod”

The author:

Journalist Sven Koch was born in 1969. He has also made a name for himself as a photographer and a musician, and he’s been playing gigs all over the country with various punk and rockabilly bands for many years. He lives in Detmold.

Christian Kraus

You Will be Left with Nothing

- A psychoanalyst whose life is falling apart bit by bit, an invisible enemy and a race against time
- Christian Kraus is a psychotherapist and a forensic psychologist



August 2019, 448 pages

What do you do when everything is taken from you and you don't know who has taken it?

Psychoanalyst Thomas Kern is shocked when he witnesses the suicide of a young female patient without being able to intervene. But it gets worse for not long after, the police visit him. He is accused of abusing the girl and consequently driving her to suicide. Thomas' wife kicks him out, friends and colleagues turn their backs on him while his daughter Natascha no longer wants to know him. It is only when Thomas discovers that Natascha's new boyfriend is a member of a dangerous sect that he guesses that a perfidious network is closing in on him bit by bit.

The author:

Christian Kraus was born in 1971 in Hamburg. After studying medicine and completing a doctorate at Universität Hamburg, he worked for many years as a doctor and research associate at the Center for Psychosocial Medicine, Psychiatry and Psychotherapy at the University Medical Center Hamburg-Eppendorf.

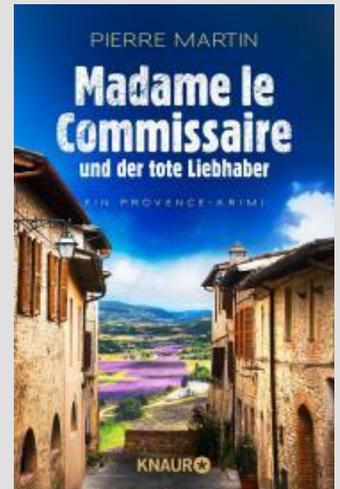
He has been a specialist in psychiatry and psychotherapy since 2006 and he now runs his own psychotherapy and psychoanalysis practice in Hamburg.

Christian Kraus is married with one daughter.

Pierre Martin

Madame le Commissaire and the dead lover

- Total sales of Pierre Martin: over 500,000 copies
- Part 6 of the SPIEGEL bestselling series



June 2019, 352 pages

Loveable characters and an unexpected murder

With the song of the cicadas and the scent of lavender in the air, the days pass peacefully in Fragonlin in Provence. Until the unthinkable happens and the little town is brutally awakened from its gentle summer nap: one morning mayor Thierry is found dead with his throat cut. Although he and Inspector Isabell Bonnet had not been a couple for some time, his death deeply affects Isabell. Yet, it is precisely now that the skills of Madame le Commissaire are needed for there are no usable clues on the crime scene. And who would have reason to kill the popular mayor?

The author:

Behind the pseudonym Pierre Martin hides an author who has made a name for himself with novels set in France and Italy. He has acquired a new identity for his protagonist Madame le Commissaire.

Alexander Oetker

Zara and Zoë

- Good and evil, inspector and killer – the twins Zara and Zoë become involuntary allies in the fight against international crime



April 2019, 336 pages

French flair meets hard-hitting tension

The new hardcore thriller series from SPIEGEL bestselling author Alexander Oetker

Inspector Zara von Hardenberg is the best profiler at Europol. Because she notices everything, discovers everything and predicts everything. The only problem is that: she can't break any rules. When a young girl is brutally murdered and found in the rocky countryside around Marseilles, Zara senses that there is much more behind this crime. She only knows one person who can help her to prevent the looming catastrophe: her twin sister Zoë – a killer in the Corsican Mafia whose only limit is herself. The meeting of the estranged sisters turns into a fight for life and death. And only then does the actual showdown begin in nocturnal Marseilles.

The author:

Alexander Oetker was born in Berlin in 1982. He is a TV journalist and author. For four years, he was head of the Paris correspondent office for the TV stations RTL and n-tv. He has a deep knowledge of French politics and society and in recent years has reported from France on all the terror attacks. Since 2012, he has been the Berlin-based political correspondent for RTL. Alexander Oetker lives in Berlin and spends a large part of the year in France.

Angelika Svensson

Coastal Anger

- The death of a stalker turns into the most personal case for Inspector Lisa Sanders



March 2019, 352 pages

Case no. 5 for Inspector Lisa Sanders and Public Prosecutor Thomas von Fehrbach – the dream team from Kiel

It is no surprise that nobody mourns Torben Fenske. The man whose body was found in a derelict cottage at Großer Plöner See had been repeatedly charged with stalking, although nothing could ever be proven. At a meeting at a victims' organisation, Inspector Lisa Sanders discovers that the number of Fenske's victims is even larger than first thought. Some of them never pressed charges for fear of revenge. Consequently, there are more than enough suspects. However, the more Lisa learns about Fenske and his crimes, the harder it becomes for her to separate her personal emotions from her professional duties.

The author:

Angelika Svensson was born in 1954 in Hamburg and still lives in Northern Germany today. She has been working for various departments of the Norddeutsche Rundfunk in Hamburg since 1972, also for the entertainment/TV. play department, where she participated in the production of many shows and crime stories on the production side.

HISTORICAL FICTION

Annette Dutton

Bertha Benz or The Speed of Dreams

- The story of a strong woman well ahead of her time and of a love against the odds



August 2019, 400 pages

Bertha Benz – a woman sets the world in motion

In 1888, Bertha Benz was the first person to undertake a long distance journey from Mannheim to Pforzheim thus establishing the success of one of the most important German inventions - the car

“Unfortunately, just another girl,” Bertha Ringer’s father notes on the birth of his third daughter, the woman who would later be the driving force behind the invention of the automobile. At the age of 23, Bertha marries poor engineer Carl Benz against the wishes of her parents. From the very beginning, she is fascinated by his vision of a horseless carriage. However, Carl is unable to gather the necessary capital and for years the family lives in harsh poverty. And in 1886 when the engineer finally presents his automobile to the world, he is met with nothing but doubt and indifference. Carl is just about to give up when Bertha puts herself in the driving seat and with a daring plan proves the potential of his invention.

Delia winner and SPIEGEL bestselling author
Annette Dutton – total sales: 140,000 copies

The author:

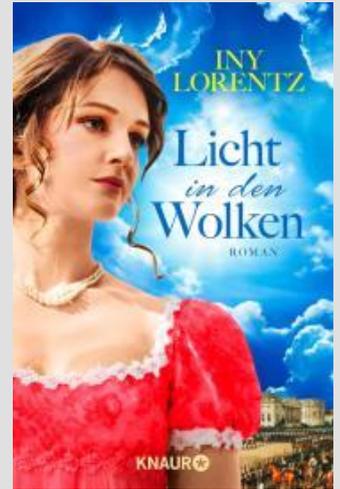
Annette Dutton, born in 1965 in Germany, studied humanities in Mainz. She has been working as a television producer and author ever since, most recently for an Australian-special of the scientific series ‘Galileo’, as well as for the two-part Australia report ‘Der Zug der Träume’. Her novels have been glowingly received by press and readership, with ‘Die verbotene Geschichte’, appearing on the SPIEGEL bestseller list. Annette Dutton lives in Australia with her husband John and her son Oscar.

HISTORICAL FICTION

Iny Lorentz

Light Through the Clouds

- 14 million copies sold: Iny Lorentz is the “queen of historical novels”



March 2019, 576 pages

Love and war, intrigue and true friendship – the new epic novel by Iny Lorentz

The epic Berlin saga continues!

Part 2 of the SPIEGEL bestselling series

In 1864 at a finishing school for young ladies, Rieke, the daughter of an impoverished officer, meets Gunda von Hartung. During a holiday visit to Gunda's family, she also meets her brother Theo. Initially, he treats the confident girl extremely brusquely but when Rieke's father is seriously injured in a battle, he selflessly assists her. However, before the two can confess their feelings for each other, there is a serious misunderstanding. Theo joins the army and heads to the Franco-Prussian War. Will Rieke ever see him again?

“Another story that has been so vividly written that you will believe that you were actually there,” Für Sie on “Das Mädchen aus Apulien”

The author:

Two authors from Munich are behind the pseudonym Iny Lorentz, whose first historical novel ‘Die Kastratin’ delighted readers straightaway. With ‘Die Wanderhure’ they had their breakthrough; the novel attained more than a million readers. Since then, bestseller has followed bestseller. Iny Lorentz's novels have been sold in numerous countries. The film adaptations of their ‘Wanderhure’- novels and more recently the ‘Pilgerin’ have delighted millions of television viewers. In the spring of 2014, Iny Lorentz was awarded the ‘Ehrehomerpreis’ for their special merits in the sector historical novel. The stage version of the ‘Wanderhure’ enthralled thousands of visitors at the open-air festival in Bad Hersfeld in the summer of 2014. Visit the authors' homepage: www.inys-und-elmars-romane.de

HISTORICAL FICTION

Iny Lorentz

The Daughter of the Wandering Apothecary

- 14 million copies sold: Iny Lorentz is the “queen of historical novels”
- “Be it Middle Ages or modern day – Iny Lorentz turns every era into amazing stories,” Petra



July 2019, 528 pages

The breathtaking finale of the bestselling series

Part 4 of the Spiegel bestselling series about the wandering apothecary Klara Just

The inheritance of the wandering apothecary

Lena, the eldest daughter of the wandering apothecary, is permitted to accompany Prince Friedrich on a journey to Venice. The talented painter has long dreamed of seeing Italy and does not suspect that Friedrich's true objective is something else. The bold young prince wants to personally collect water from the Jordan in Palestine for the baptism of his child. The dangerous journey holds many surprises in store for Lena and Friedrich and they get closer to each other than they ought to, above all when Friedrich is reliant on the knowledge of medicine that Lena has learnt from her mother Klara.

The author:

Two authors from Munich are behind the pseudonym Iny Lorentz, whose first historical novel 'Die Kastratin' delighted readers straightaway. With 'Die Wanderhure' they had their breakthrough; the novel attained more than a million readers. Since then, bestseller has followed bestseller. Iny Lorentz's novels have been sold in numerous countries. The film adaptations of their 'Wanderhure'- novels and more recently the 'Pilgerin' have delighted millions of television viewers. In the spring of 2014, Iny Lorentz was awarded the 'Ehrenhomerpreis' for their special merits in the sector historical novel. The stage version of the 'Wanderhure' enthralled thousands of visitors at the open-air festival in Bad Hersfeld in the summer of 2014. Visit the authors' homepage: www.inys-und-elmars-romane.de

HISTORICAL FICTION

Katja Maybach

The Era of the Daughters

- For lovers of emotional and tragic novels, set during the war and the post-war periods



August 2019, 352 pages

A touching novel based on the author's family history

The courage of women: love and suffering in the post-war years

Maria and Vivien have survived the war; their daughters are discovering life in 50s Munich. However, while Anna and Antonia secretly prepare for a reunion between their mothers and the women they were able to save from the concentration camps at the end of the war, Maria and Vivien are again subject to animosities. Their work with the refugees from the East and the so-called "war children" frequently leads to disputes that sometimes turn physical. And the arrival of a young East Prussian woman whose child clearly has a dark skinned father spells catastrophe...

The author:

Katja Maybach wrote her first novel and several short stories at the age of twelve. But she has always had a second passion for fashion. And so she won the designer prize of a big German women's magazine for the design of an evening dress at the age of fifteen. She went to Paris at seventeen and first became a model in a Couture house, later a successful designer. Following a serious illness, she began writing successful novels. Her debut novel "Eine Nacht im November" was a great success and became a bestseller in France. The author now lives in Munich and has two grown-up children.

HISTORICAL FICTION

Diana Menschig

The Poppy Fields of Solferino

- Lake Garda as the dramatic backdrop: the foundation of the Red Cross and the eventful fate of two lovers



May 2019, 448 pages

An unusual love – a unique vision – a great historical novel

As a young soldier Giò survives the battle of Solferino. Exhausted, he remains on the battlefield together with thousands of wounded soldiers from both sides who are not being tended. Swiss businessman Henry Dunant is the first to organise aid. And that is how Giò is finally found by Magdalena. They fall in love and marry later. But for them, the battles are not over: their opinions are too different both regarding the political future of Northern Italy and about the work of Dunant, the founder of the Red Cross. Is he a visionary or is he ultimately helping the warmongers?

“History up close and personal – a historical novel that is well worth reading,” the Lesegenuss blog on “Ein Tal in Licht und Schatten”

The author:

Diana Menschig lives and writes in the lower Rhine region. However, her heart belongs to Northern Italy, in particular the Upper Italian Lakes and the Dolomites. When walking with her dog or riding her racing bike there, she always finds inspiration that is fed into fantastic and historical stories. The historical novel “Ein Tal in Licht und Schatten” was published in 2016 under the pseudonym Marie Buchinger. It tells the story of two families during the First World War.

HISTORICAL FICTION

Heidi Rehn

The Cinema

- The epic start to a two volume saga: the story of a fictional Munich cinema house dynasty from the 20s to the 40s



May 2019, 512 pages

When pictures learned to move

Bestselling author Heidi Rehn is a guarantee for excitingly told women's stories and family sagas set in the 20th Century

After the great success of "Haus der schönen Dinge" here is another well-weaved web of personal fate and real history

Munich, 1926. The golden twenties glitter and sparkle; second only to Berlin, Munich is the metropolis of German film and cinema. The Donaubauers are one of the biggest cinema-owning families in the city. With their fashionable cinema palace, the greatly admired theatre actress Elsa and her charming husband are causing a furore around the country. Alfred Hitchcock even offers Elsa the starring role in his next film. But then Karl runs off with a chorus dancer. Instead of being a star on the big screen, from one day to the next Elsa has to make it work as a cinema owner in real life. When film and cinema become coveted propaganda instruments as a result of Hitler's seizure of power, Elsa is faced with losing her licence...

The author:

Heidi Rehn, born 1966, is a freelance journalist and author. She studied history, German studies, business administration and communication science. Afterwards she taught at Munich's Ludwig-Maximilians- University before joining a PR agency. She lives in Munich with her husband and two children.

COMMERCIAL FICTION

Pia Casell

Olives for Breakfast

- A summer on Crete unexpectedly leads archaeologist Lisa to great happiness



June 2019, 320 pages

Immerse yourself and enjoy: a Greek holiday in a book!

For readers of Cristina Caboni and Emma Sternberg

Fair to sunny: feel-good reading for your next Mediterranean holiday

Idyllic sandy bays, sleepy mountain villages and untouched landscapes: Crete could be a paradise. However, ambitious archaeologist Lisa doesn't see it. Instead she has to solve all kinds of problems at her excavation: equipment and money are lacking, the authorities are causing difficulties and an extremely stubborn olive farmer simply won't let Lisa on his land. When the excavation sponsor also backs out, Lisa is literally stranded on Crete. Out of necessity, Lisa resigns herself to the leisurely pace of life in the village. And every day, she succumbs a little more to the quaint charm of the island and the charm of olive farmer Charis.

The author:

Pia Casell is a part-time globetrotter, works in tourism and loves Mediterranean flair above all else. She particularly likes places that are still original, off the beaten tourist track and where traditions and customs are still alive. Whenever it is possible, she travels with her family around the Greek islands or to Southern Italy. While travelling she loves collecting recipes, local ceramics and especially flowery local expressions.

COMMERCIAL FICTION

Susanna Ernst

The Whispering of the Butterflies

- “Susanna Ernst gives us pure reading joy.” Petra
- For readers of Nicholas Sparks and Cecelia Ahern



August 2019, 368 pages

The moving story of a love beyond death

How can Pacey go on without his beloved Ava? He has been tortured by nightmares every night since her death, which to make matters worse was Pacey's fault. His sister who died young speaks to him but Pacey simply does not understand her words. In the end, his therapist advises him to go on a journey in order to escape the harrowing memories. But on Madeira Pacey suddenly sees a woman who is the spitting image of Ava. How can that be possible? Did Ava have a twin sister? And what really happened between her and Pacey?

Total sales of Susanna Ernst: over 150,000 copies

The author:

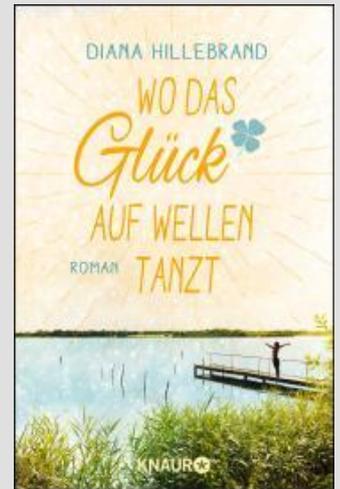
Susanna Ernst, born in 1980, has been writing stories since primary school. She headed up her own musical group from the age of sixteen, directed the pieces and gave acting lessons. The qualified banker and mother of two also enjoys painting portraits and creates stage sets for theatre events. However, writing remains her favourite occupation for those quiet times when she wants to let her thoughts and ideas flow. Her credo: writing frees!

COMMERCIAL FICTION

Diana Hillebrand

Where Happiness Dances on the Waves

- A novel as relaxing as a day at the beach



May 2019, 304 pages

A house on the coast that heals broken hearts

When journalist Anna holds the artwork of a painter in her hand, she doesn't suspect that she will soon move in with him. But his idyllically located house on the coast appears to be just the right place to experience all the small moments of happiness about which she writes. Even the local café Komet and its owner Halley are lucky finds. Only her landlord is a puzzle: he avoids her and hangs his emotional paintings everywhere. They all show the exact same view of the sea. What happiness has he lost? And can Anna help him find it again?

The author:

Diana Hillebrand (born in 1971) is an author and lecturer. She lives with her family in her adopted city of Munich. Since 2006, she has been giving courses in creative writing at the "WortWerkstatt SCHREIBundWEISE". She has published several books, short stories and specialist articles. In 2018, one of her young adult books was awarded a "LesePeter".

COMMERCIAL FICTION

Steffi Hochfellner

Come what May

- Do it yourself: make happiness at home!
- Includes DIY instructions for decorations, handicraft, wool craft and needlework



April 2019, 448 pages

Tender and emotional strands are woven together in a haberdashery in East Frisia

34-year-old Franzi is thrilled when she inherits her great aunt Gerlinde's house including her haberdashery and an impertinent pair of ducks. She moves, chattels and all, from Nuremberg to East Frisia only to discover that the property must be fully renovated. Fortunately, she can rely on the help of a capable troop of pensioners and her new friends Rieke and Joost. The reopening date for the Wonder Box quickly draws near but there are repeatedly mean acts of sabotage. Does someone begrudge Franzi her dream? One thing is for sure: giving up is not an option.

The author:

Steffi Hochfellner studied graphic design and photography in Hanover. After her studies, she worked as a graphic artist, an art director and a copywriter for various agencies before becoming a freelance copywriter, designer and conceptionist a few years ago. After writing novels, her second biggest passion is for craft, in particular handicraft and knitting. She has already written three successful books on knitting cuddly toys. With her first creative novel, she combines both of her favourite pastimes: writing and crafting.

COMMERCIAL FICTION

Lena Johansson

Sea Buckthorn Island

- Total sales of Lena Johansson's work: over 250,000 copies



June 2019, 336 pages

Four women, four generations and one magical summer on Rügen

Ursula wants to celebrate her 80th birthday with her daughter, granddaughter and great-granddaughter on Rügen because she still has something to do there. The others only become aware of this once they have checked in to their rooms at the Sea Buckthorn Villa. Ursula wants to finally discover what happened to her penfriend Jens who left Rügen for Cuba after the war. And her family is to help her find out. For the four women it is the start of turbulent summer days on the magical Baltic Sea island that will bring them closer together in a wonderful way and hold a couple of surprises in store for them.

The author:

Lena Johansson was born in Reinbek near Hamburg in 1967. After finishing school, she trained as a bookseller before moving into tourism. She was later able to combine her two passions – writing and travelling – in her job as a travel journalist. Sometime ago Lena Johansson fulfilled one of her dreams and moved to the Baltic Sea.

COMMERCIAL FICTION

Jule Kaspar

Vanka Would buy Vodka

- A resolute Russian mixes it up in her new German home town: unique comedy with a lovable heroine



July 2019, 320 pages

Nastrovje, Vanka – welcome to the funniest country in the world

Germany was a bad idea. Not that it was her choice. As part of the witness protection programme, Jekaterina, who is really called Wanka, has to take what she gets. The country, the name and pretend husband, Vladimir. She doesn't get on with him or his kids. Her contact person, Mr Lehmann, soon reacts allergically when he so much as hears her name. For the Russian fails at every job and meets the Germans in her own special way. Of all people, it is Vladimir who over time makes her realise that Germany can actually be a very nice home.

The author:

Jule Kaspar is the pseudonym of a successful German author. She has been writing since her childhood and has been a freelance author for various publishing houses and in a variety of genres since 2011.

COMMERCIAL FICTION

Regine Kölpin

Death on the Mudflats

- Humorous, murderous and with much coastal flair: the start of the new crime series by successful author Regine Kölpin



June 2019, 288 pages

There is a body in front of the dyke

Just behind the house of the old loner Ino Tjarks, the spa manager Alois Winterscheid lies dead. And because Ino had never made any bones about what he thought of the plans that Bavarian Alois had for new tourist attractions on the Frisian coast, he is now suspected of murder. There is only one thing to do: find the real murderer together with the help of his capable housekeeper Gerda and the baker Theda! In fact, the three soon find a hot lead: Alois had an argument with a woman. But which one? For Alois did not love just one woman! However, before they can investigate further, they are overtaken by events...

The author:

Regine Kölpin, born in 1964, lives in Friesland. She loves the North Sea coast, especially as she needs the rough climate, the sprawling ocean and the landscapes as her inspiration. Regine Kölpin has received numerous prizes and awards. She was recently nominated for the Kärtner Crime Prize 2008 and in 2010 received the crime grant Tatort Töwerland. In 2011, she was named one of the 'Strong Women of Friesland'. More info at: www.regine-koelpin.de

COMMERCIAL FICTION

Marie Matisek

Under the Lime Sky

- Total sales of Marie Matisek's work: over 200,000 copies
- Strong emotions against the backdrop of the divine Amalfi coast



April 2019, 320 pages

Amore in Amalfi

The sequel to her successful novel "Ein Sommer wie Limoneneis" (A Summer like Lime Ice Cream)

Marco and Lisabetta are on top of the world: finally they have become a couple and are living together on the divine Amalfi coast. What could be better? But soon dark clouds appear on the horizon of the idyll. An old certificate of debt turns up and according to it Marco's grandfather signed over the lemon plantation to someone else. Does that spell the end of the Pantanella family? Marco's plans for the future collapse like a house of cards, especially as Pappa Raffaele appears to be losing interest in the plantation. Not even Pippo supports Marco; his head has been elsewhere since Nathalie arrived from Munich. Has she turned Marco's best friend's head? Before he knows it, Marco once again has to battle on all fronts simultaneously...

The author:

Marie Matisek runs a chaotic household with her husband, children and animals in the idyllic surroundings of Munich. Alongside being a mother and an author, she enjoys her hobbies: cooking, ploughing her fields and helping frogs across the road.

Her coastal novels were bestsellers; with her new novel, Marie Matisek takes her readers to delightful Provence.

COMMERCIAL FICTION

Renee Milan

A Woman with Flaws

- A moving story, sensitively told: after a serious accident, young Lexa must find confidence in herself and her trust in love



July 2019, 464 pages

Perfection is found in all the small imperfections

Her boyfriend leaves her while she is still in hospital and her mother prefers to organise a private spa hotel for her rather than the necessary rehabilitation clinic. After a serious accident and subsequent amputation, Lexa feels like a freak who at best should be hidden away. It is only when she meets old Inge that she finds the courage to face life again. Bit by bit Lexa fights her way back to a normal everyday life. Only she doesn't have any interest in meeting men – who could love her with her imperfections? Lexa doesn't suspect that shy Andreas is also battling similar fears...

The author:

Renee Milan lives and works with her husband in Munich and travels often in order to get to know the people and places about which she writes.

COMMERCIAL FICTION

Andrea Rossini

You Can Only Enjoy Dolci with a Partner

- Dolce vita on Lake Garda: culinary delicacies and lots of amore



August 2019, 320 pages

Humorous novel for all readers who love Italy

Romantic and turbulent comedy set in Italy about a young woman looking for her father and finding the love of her life

Bubbly Moniga loves cooking Italian desserts, especially torta al limone according to the recipe of her late mother Susanna. All she knows about her father is that he disappeared before her birth. When her grandmother Klara tells her about a trip to Lake Garda that they went on, nine months before Moniga was born, the suitcases are packed without further ado. Klara's memories have become a little confused but fortunately Moniga bumps into chic Francesco— quite literally as she collides with his Vespa. Finally, she makes a discovery on the menu of an osteria: torta al limone alla Susanna!

The author:

Andrea Rossini is the pseudonym of a German bestselling author whose life has been shaped by his love of Italy. This love and affection for the food, land and people inspired him to write this novel.

COMMERCIAL FICTION

Carsten Uekötter

Rita Sorts the Hedge

- The inner workings of an allotment colony, lovingly observed and told with pointed pen and much humour



July 2019, 304 pages

There is a fresh wind on the allotment: women's power!

For Rita and her Ralf, the Sunset Allotment Association is the most beautiful place in the world. Or it would be if it weren't for a tiny problem: according to the bylaws of the association the best before date of the First Chairman, Manfred Kantenbrock, has effectively passed. However, Manni has devised a perfidious plan to keep his office until he meets his maker. And Ralf tells his Rita that it is best that way. Just imagine, a woman might end up running the Sunset Allotment Association... Naturally, Rita can't simply accept that, especially when a gender comrade of Manni's appears and suddenly the existence of the Sunset is at stake.

The author:

Carsten Uekötter, born in 1978, trained to be a banker, then studied economics in Münster and journalism and PR in Gelsenkirchen. He worked for many years as a freelance journalist, including for Westfälische Nachrichten and Westdeutsche Allgemeine Zeitung. Today, he lives with his wife in the Münster region and works as a freelance author and copywriter.

COMMERCIAL FICTION

Steffi von Wolff

It Will Settle Down Again

- Total sales of Steffi von Wolff's work: over 1 million copies
- "If you haven't read Steffi von Wolff then you are definitely missing out." WAZ



July 2019, 304 pages

When life gets difficult, your best friends help out!

Postponed to July 2020

Humorous novel based on women's friendship by bestselling author Steffi von Wolff

44-year-old Betty is torn between her childhood sweetheart and her (too?) perfectly functioning family life, Susanna's husband turns out to be an a...hole and for a while now Carolin has simply not been able to stop buying things that she can't afford... All three of them need a break!

Fortunately, Susanna owns a boat. And so they undertake a sailing trip from Hamburg to Brittany, during which the friends come up with a load of ideas on how they can get their lives back in order and have a lot of fun, even if there is the occasional argument.

The author:

Best-selling author Steffi von Wolff has recognised the advantages of getting older: being less at odds with yourself, not doing something because it is the "proper" thing to do and not going without something because it has calories in it. Instead, you are liberated to laugh about the things that you cannot change anyway. And she had to do just that, when she was given a sample pack of incontinence pads at the chemist's.

Hanna Caspian

Greifenau Manor – Sunrises

- The German Downton Abbey: part 3 of the epic saga of a noble family at the dawn of the 20th Century
- The end of the monarchy and the start of the Weimar Republic



March 2019, 576 pages

Enthralling story and high emotions – the fate of a noble family in 1918

In 1918, peace with Russia is almost close enough to touch. After an attempted murder, it is questionable whether Konstantin will live to see it. All the same, village teacher Rebecca cares for him with devotion. Meanwhile Earl Adolphus is desperate. As a result of buying war bonds, the manor is heavily in debt. Countess Feodora is forcing Katharina to marry the dreadful Ludwig, one of the Kaiser's nephews. This relationship becomes a matter of survival for Greifenau Manor. However, Katharina's heart belongs to Sebastian, the son of an industrialist. Just before the wedding, she runs away. In Berlin, she gets caught up in the turmoil of the November Revolution. The war is over and the Kaiser himself has fled.

The author:

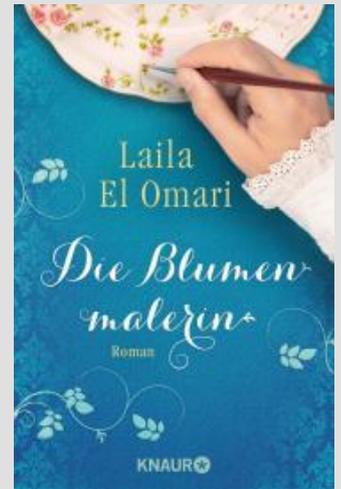
Hanna Caspian is the pseudonym of a successful German author. With her sensitive and suspenseful family sagas, she shines a light on almost forgotten chapters of German history.

Hanna Caspian studied literature, languages and politics in Aachen, after which she worked for several years in the PR and marketing sector. Today, she is a freelance author and when she is not globetrotting, she lives with her husband in Cologne.

Laila El Omari

The Flower Painter

- Over 350,000 novels by Laila El Omari sold
- “Laila El Omari captivates the reader from the very first page.” Love Letter magazine



September 2019, 448 pages

A rebellious young woman, an era of upheaval and a love against the odds

Bonn during the German Empire: Defiant Victoria is to be tamed by her great aunt Josefa. However, Josefa sees herself in Victoria and takes her to her factory where Victoria soon becomes known as a porcelain painter. However, when she falls in love with the impoverished nobleman Leonhard von Rothenberg, she immediately has both families against her. While Josefa suspects Leonhard of being a dowry hunter, Victoria who is beset by scandal is deemed an utterly unsuitable match by the Rothenbergs. And so it happens that in an era of upheaval, Victoria chooses her own path...

The author:

Laila El Omari, born in Münster to a Palestinian father and a German mother, studied Orientalism, German and Political Sciences in Münster and Bonn. Today the author lives in Bonn with her husband and daughter and is currently working on her next novel.

Beatrix Mannel

Miss Kiss Dreams of Freedom

- Life and love in the 50s: dramatic fate meets gripping contemporary history
- Inspired by a true story



April 2019, 416 pages

Cold war, iron curtain and a woman, who stands by her man

Munich, 1956: With unease, young Elizabeth Kiss observes what is brewing behind the Iron Curtain. Her half-sister Zsuzsa still lives in Budapest, where she is subjected to increasingly aggressive repressions. For Zsuzsa Liz enters into a dangerous deal with the CIA. She has to find the spy at the broadcaster “Radio Free Europe” in Munich who is disclosing secret information to the Eastern Bloc – only then will her sister be freed. Contrary to expectations, Liz not only falls in love with the world of radio but also with her boss Béla. When Liz discovers that he is not who everyone believes he is, she must make a difficult decision...

The author:

After studying theatre studies, Beatrix Mannel, born in 1961, worked for Bayerische Rundfunk and various TV production companies, e.g., Bavaria, where she wrote scripts. To date, her books have been translated into more than ten languages. She lives in Munich and in 2016, she founded the Münchner Schreibakademie [Munich writing academy].

Anke Petersen

Hotel Island View – Clouds Above the Sea

- “A family saga, which immediately fascinates with its drama and atmosphere.” Anne Jacobs, author of “Die Tuchvilla”



May 2019, 544 pages

The epic saga of the small hotel on Amrum

Start of a new life

Hamburg 1891. Merchant Wilhelm Stockmann decides to move to the North Sea island of Amrum in order to open an hotel. In particular, his eldest daughter Rieke has mixed feelings about the move. However, his wife Marta had always dreamed of running her own hotel. She plunges herself into her new work with enthusiasm and even Rieke forms new tender connections. But then fate turns all their plans to nothing...

The author:

Anke Petersen writes successful historical novels under a different name. When she went on holiday to the island of Amrum for the first time, she immediately fell in love with the island and learned about its history. In doing so, she stumbled across the first hotel in Norddorf, which inspired her to write this novel.

Anke Petersen

Hotel Island View – Wind of the Tides

- An island in the North Sea and a small hotel as the setting for human destiny



July 2019, 512 pages

Stormy years

Amrum at the start of the 20th Century: Family Stockmann has settled in on Amrum and their Hotel Island View is thriving – much to the annoyance of the pastor who finds the flourishing business a constant thorn in his side, for he considers it competition to his own Christian recreation home, and furthermore there is a whiff of Sodom and Gomorrah at the Island View. However, Marta Stockmann, for whom the hotel is a lifelong dream, vigorously battles to keep it and even her daughters have now found new homes on Amrum. Then the family discovers that Jacob, who is married to their daughter Rieke, is financially ruined and wants to emigrate to America. Will the Stockmann family fall apart?

The author:

Anke Petersen writes successful historical novels under a different name. When she went on holiday to the island of Amrum for the first time, she immediately fell in love with the island and learned about its history. In doing so, she stumbled across the first hotel in Norddorf, which inspired her to write this novel.

Nina Cavalli

Forever and One Summer

- A country house in Tuscany and three very different friends searching for happiness



August 2019, 352 pages

Like a summer holiday with your best friends

22 years ago, Claudia, Kathrin and Ariane finished school together – now they meet up again and realise that life has not exactly been kind to their dreams and desires. Spontaneously, they travel to Tuscany together in order to visit a former classmate: each of the three women had a very special connection to Marco. All the threads that they must follow in order to face their mistakes come together with him. A trip to the past begins and at its end, the friends not only find themselves but also the long-desired happiness.

The author:

Nina Cavalli, born in Cologne, worked abroad for many years. Her job did not only take her to out-of-the-way and beautiful places but also allowed her to get to know interesting people and their stories. Since 2010, she has been professionally writing jovial, sometimes profound, light literature, which is inspired by these encounters. She lives in Switzerland with her family and many animals.

Lilly Lucas

New Beginnings

- Thrilling, passionate and heart-melting: the start of a new young romance series



June 2019, 336 pages

Love teases...

Lena (20), an au-pair from Berlin, arrives in the American small town Green Valley in the Rocky Mountains. Although the city girl doesn't know much about mountains, she soon feels at home in Jack and Amy Cooper's house. Everything would be perfect if it weren't for Jack's younger brother Ryan, the "fallen hero" of Green Valley. His career as a professional skier came to an end after a serious skiing accident and now out of necessity he lives with the Coopers where he vents his frustration at Lena. But soon the chemistry between them starts to change...

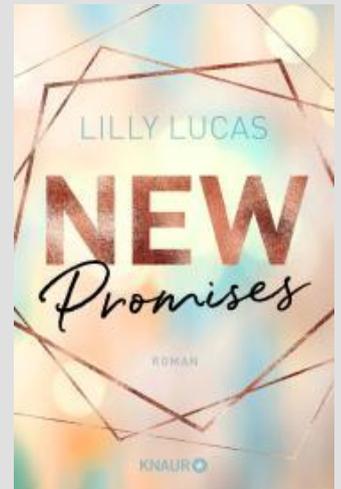
The author:

Lilly Lucas was born in 1987 in Ansbach and studied German studies in Bamberg. Today, she lives with her husband and an endless amount of books in Würzburg. When she is not writing novels about love and life, she likes to watch the world, stick her nose in a book or give in to her addiction to films and series on the couch at home.

Lilly Lucas

New Promises

- Thrilling, passionate and heart-melting: the start of a new young romance series



September 2019, 336 pages

How do you know when it is love?

Izzy (23) has resigned herself to the fact that she will never be more than best friends with Will. That one kiss at New Year's Eve doesn't change anything. When Netflix star Cole Jacobs arrives in Green Valley and asks her to teach him to ski for a film role, Izzy realises that there is room in her heart for more than one man.

The author:

Lilly Lucas was born in 1987 in Ansbach and studied German studies in Bamberg. Today, she lives with her husband and an endless amount of books in Würzburg. When she is not writing novels about love and life, she likes to watch the world, stick her nose in a book or give in to her addiction to films and series on the couch at home.

Christine Gitter

Ask Your Pharmacist about Risks and Side Effects

- An inspiring and informative journey through the fantastic world of medicine
- Including the Gitters' home medicine cabinet



May 2019, 288 pages

The most entertaining side effects leaflet in the world

With more than 20 years pharmacy experience, Christine Gitter is an expert on the topic

Pharmacist Christine Gitter knows them well: the questions and worries of everyone who visits a pharmacy. How am I supposed to swallow such a huge capsule? How do the painkillers for headaches know that they should go to my head? Is there a vegan version of these pills? Now she is presenting her collected pharmaceutical knowledge. Clearly and with a twinkle in her eye, she explains the complex correlations, shows simple tricks and shares her ingredients for the perfect home medicine cabinet. And what is more: Christine Gitter shares the knowledge that we need to safely and competently handle medicines. The only side effects of this book: an incredible learning curve increase and good entertainment.

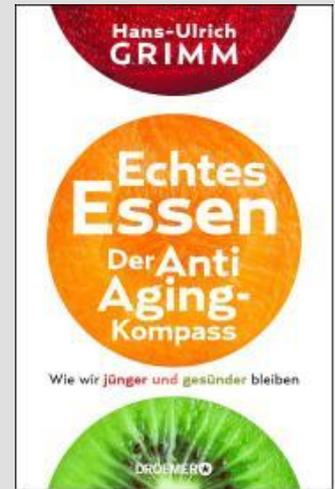
The author:

Christine Gitter, born in 1970, worked for more than twenty years in a pharmacy; sixteen of which she was the owner of the second oldest pharmacy in Germany. Through innumerable conversations with her customers she has become acquainted like no other with the questions and worries on the topic of pharmaceuticals. The author lives with her family in Regensburg.

Hans-Ulrich Grimm

Real Food. The Anti-Ageing Guide

- Total sales of Hans-Ulrich Grimm: over 1 million copies sold
- The new trend topic by the bestselling author and food expert



March 2019, 336 pages

Eating badly ages you, eating well keeps you young!

The results of many new studies clearly prove one thing: the secret of ageing well, i.e., the real anti-ageing, is in lifelong healthy eating, which as a rule is found in the respective traditional regional food. Decidedly anti-ageing cuisines are Mediterranean, Scandinavian, Chinese and also Brazilian. Grimm's conclusion: eating well keeps you young, eating badly ages you. The most important thing is to avoid the secret ageing catalysts in food. Science has now identified these ageing toxins. And they generally get into food due to processing in the foodstuffs industry.

The author:

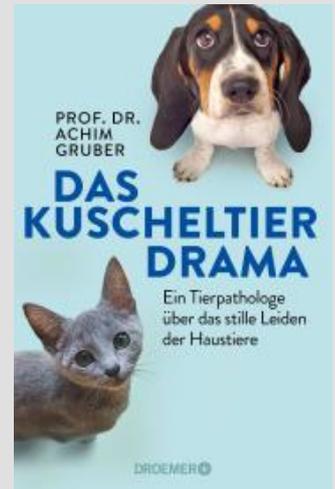
Dr. Hans-Ulrich Grimm is journalist and author and lives in Stuttgart. His decades of research within the world of industrial foodstuffs led him to ban all products manufactured by Nestlé, Knorr & Co from his kitchen shelves, in favour of fresh produce from markets and farms. His realisations: enjoyment and health go together. Grimm's books are bestsellers. "The Soup is Lying" alone saw a print run of 250.000 and is considered a classic of modern food criticism.

NON-FICTION

Prof. Dr. Achim Gruber

The Cuddly Toy Drama

- A must for all friends and owners of dogs, cats, rabbits, horses and other pets
- For readers of Peter Wohlleben, Richard David Precht, Hilal Sezgin and Jonathan Safran Foer



March 2019, 312 pages

If pets could talk

Millions of pets are kept. They are loved and spoiled by their owners, they are best friends and often even life companions. However, thousands of pets die each year in mysterious circumstances. They are the victims of killer germs, which could also be dangerous to us humans. They are bred to be chronically sick monsters, misused as weapons or status symbols, neglected or tortured out of a misguided love of animals or egoism. Nobody knows the darker side of keeping animals better than Prof Achim Gruber. He runs the animal pathology department at the Freie Universität Berlin and in his book he tells of the heart-rending fates of animals. His moving stories from the post mortem room show how the relationship between the Germans and their pets really is.

The author:

Prof Dr Achim Gruber, born in 1966, is the managing director of the Institute of Veterinary Pathology and is a research dean at the Department of Veterinary Medicine at the Freie Universität Berlin. He is the co-editor and co-author of the two German standard reference works on animal pathology and is the only vet who is a full member of the Berlin-Brandenburgische Akademie der Wissenschaften. After more than 300 publications in academic media, “The cuddly toy drama” is his first popular non-fiction book. Achim Gruber is married, a father to three children and the proud owner of a rescue mongrel dog.

Alexander Hagelüken

Let Us Work Longer!

- Working longer means a bigger pension and more solidarity with young people
- Evocative contribution to the debate on poverty among the elderly, generational justice and demography



March 2019, 224 pages

In 2030 or thereabouts, the last of the babyboomers will go on the pension; the following generations are only half as populous, making for drastic consequences

Eight out of ten Germans fear that their pension will not be enough. And with good reason because while we are fortunately living longer, the whole system of old age security is struggling. Alexander Hagelüken, head economics editor at Süddeutsche Zeitung, wades into the debate with a provocative contribution: we are dying later; we are healthier for longer; we are doing less physical work; work keeps us mentally fit; and we may not redistribute the prosperity of our country in favour of the elderly. For the few young people cannot carry the burden alone. Therefore, he pleads for comprehensive pension reform. It also includes the demand, "let us work longer!" Then there will be enough for everyone.

The author:

Alexander Hagelüken, born in 1968, is the head economics editor at the Süddeutsche Zeitung. Previously, he was head of the money section of SZ, European correspondent in Brussels and parliamentary correspondent in Bonn and Berlin. He has won numerous awards for his journalistic work. In 2017, he published *Das gespaltene Land* with Droemer Knauer - an alarming book about inequality in Germany. Now, he is tackling the socially controversial matter of pensions.

Albert Kitzler

On the Happiness of Hiking

- The successful philosophy coach on searching for meaning and experiencing nature



May 2019, 240 pages

“Albert Kitzler perfectly describes the essence of human existence” WDR 5

Hiking means: escaping from daily life, taking a step back, experiencing nature, strengthening body and soul, and in doing so promoting good health. But hiking is more than that says philosophy coach Albert Kitzler. Hiking is a reflection of life – it is about starting out and letting go, climbing up and descending, periods of drought and the lifting feeling of having reached the destination. Therefore, hiking is naturally linked to philosophy. This book on the joy of hiking is as entertaining as it is inspiring. Albert Kitzler invites you to think about hiking and life, and taps into the quiet power inherent in both of them.

The author:

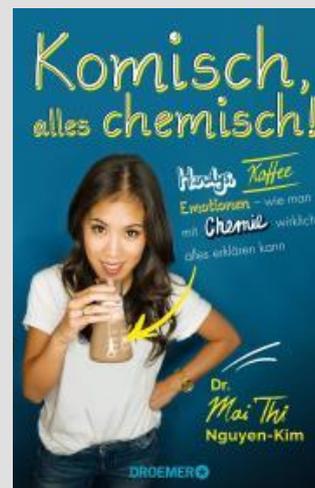
Doctor Albert Kitzler, born in 1955, studied Philosophy and Law in Freiburg im Breisgau and worked as a research assistant at the Heidegger Institute. He has been working as a successful media lawyer and film producer (1994: Oscar for the short film ‘Schwarzfahrer’) in Berlin for more than 20 years. Since 2000, he has once again become intensely involved with philosophy in antiquity in Greece, China and India. In 2010, he founded ‘MASS UND MITTE – School for Antique Wisdom’, where he hosts seminars, coaching sessions and philosophical matinées, as well as giving lectures.

NON-FICTION

Dr. Mai Thi Nguyen-Kim

Funny How Everything is Chemistry!

- Our everyday chemistry explained: toothpaste, mobile phone batteries, being in love and coffee breaks
- Numerous illustrations by Claire Lenkova



March 2019, 256 pages

Life really starts with chemistry!

With chemistry throughout the day: the daily routine of young scientist and journalist Mai Thi Nguyen-Kim guides us through the whole world of organic, inorganic and physical chemistry. It starts with the chemistry of waking up and an explanation of the melatonin and cortisol levels. We discover the right time for the first coffee, why there should be fluoride in toothpaste and why the chaos that awaits us on the desk in the office is what the universe intends. We learn new things about the chemistry of gorilla glass and mobile phone batteries, and why aluminium salt is the only thing that prevents the formation of sweat while other substances just stop sweat from smelling. In the evening, Mai Thi reveals the secret of a perfect chocolate cake and of course, the book also covers the “chemistry of love”.

English sample translation available

The author:

Dr. Mai Thi Nguyen-Kim is a chemist and science journalist. During her PhD, which she gained from Harvard University, she started the YouTube channel, “The Secret Life Of Scientists” and in doing so started her mission to spread science like a “pest” throughout the country. She is now following this goal using all means: as the successor to Ranga Yogeshwar, she presents the WDR science show “Quarks”. For “funk”, the online offering of ARD and ZDF, she produces the YouTube channel “maiLab” which has won many awards including the 2018 Grimme Online Award. In the same year, she was the first YouTuber to receive the Georg-von-Holtzbrinck-Preis for her talent of sharing knowledge that corresponds to the contemporary zeitgeist.

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Marco Richter

You are Richer than You Think

- The investment professional with the tools that were previously reserved for millionaires



April 2019, 256 pages

Realistic examples and tried and tested practical tips – without technical jargon

Private financial planning is becoming increasingly more important. However, 53 percent of Germans say that they are illiterate in matters of finance and avoid actively providing for their financial future. Multi award-winning investment professional Marco Richter helps these people take their financial planning into their own hands. Using understandable examples, he shows how readers can develop effective models for private financial planning that are tailored to their individual life goals. Richter aims for readers to overcome their reserves in matters of financial future planning and in doing so to make them realise that getting rich is easier than you think!

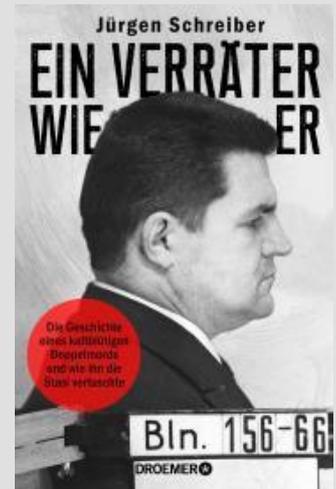
The author:

Marco Richter is a financial planner and founder of the start-up “Wealthpilot”. He started his career as a trainee at the Sparkasse building society. He was an expert investment consultant at Deutsche Bank, a senior asset consultant at Bethmann Bank and the department head for wealth management at Commerzbank before founding his own company. In 2013, he was honoured by ntv and Focus Money for “excellent asset management” because he understands how to present complex material in an easily accessible and understandable manner. He received the 2017 Wissenschaftspreis from the Verband der Finanzplaner in Germany for his Masters thesis at the EBS Business School on financial planning for professional sports persons. Marco Richter is married and lives with his wife and two children in Munich.

Jürgen Schreiber

A Traitor Like Him

- Jürgen Schreiber has a profound knowledge of the Stasi, is an award-winning author and one of Germany's best investigative journalists
- The revelation of a cold-blooded double murder in the ranks of the Stasi



February 2019, 336 pages

A real piece of GDR criminal history

In the early 60s, two half-decomposed corpses were found on woodland in East Berlin; all clues led to nothing. The murderer, greedy and brutal, felt safe. Too safe. The Stasi investigation was only able to puzzle together what happened after years of work. And they found something monstrous: a man from their own ranks appeared to have blood on his hands... Jürgen Schreiber is the only person who has access to the case that the Stasi had kept strictly under wraps for years. A story that leads deep into the inhumane abyss of a reclusive secret service.

The author:

Jürgen Schreiber, born in 1947, is one of Germany's best investigative journalists. After periods at Frankfurter Rundschau, Stuttgarter Zeitung and SZ-Magazin, he became chief reporter at the Tagesspiegel. For his excellent work in the fields of reportage and exposé, he was awarded the Theodor-Wolff-Preis and he is also a two-time recipient of the Wächterpreis of the German daily press. The renowned author and GDR expert has to date published three books, including, "Die Stasi lebt. Berichte aus einem unterwanderten Land". Jürgen Schreiber lives in Munich.

Eva Schulte-Austum

Everyone Can Trust

- Scientifically-founded and with tried and tested strategies from coaching practice



May 2019, 320 pages

Those who trust lead happier lives

Research shows that trust isn't naive and blind but rather it is clever. That is why we should let it guide us – in daily life and at work.

Renowned business psychologist Eva Schulte-Austum shows that trust is the key to inner satisfaction and personal success. Those who want to create professional and private long-term relationships don't get very far with distrust. However, those who learn to trust themselves and others reach their goals and achieve happiness. Eva Schulte-Austum knows how to recognise trust traps, how we can get over trust "hangovers" after disappointment and she explains how we can learn to base things on trust again. She describes the ingredients and specific recipes for how to let trust accompany us through life. They are recipes that make us strong for daily life.

The author:

Eva Schulte-Austum, born in 1985, is certified as a systemic coach and works as a team developer, organisation consultant and trainer. The graduate business psychologist worked in the field of personnel development for renowned companies, gained international experience and trusts in scientific findings - and also her own strength. She lives in Münster.

Sarah Spiekermann

Digital Ethics

- Ethical standards for the technology of the future
- Prof Dr Sarah Spiekermann was presented as one of the “25 women who are revolutionising our economy” (HANDELSBLATT)



April 2019, 304 pages

A plea for freedom and self-determination in the age of digitalisation

“Those who describe machines as intelligent or smart are naive.” SARAH SPIEKERMANN

Apps that send information without being prompted; cars that are driven by Google; tablets that update programs of their own accord – more and more people are asking: what is digitalisation doing to me and my life? Sarah Spiekermann laments that the person is being degraded to a “user” and uses IT systems because he/she is afraid of being left behind. The expert for ethical technical development demands a radical rethink: we need technology that serves us rather than controls us. Digitalisation may no longer be driven by the profit-seeking of large IT concerns. Rather it must be determined by the values of friendship, privacy and freedom. For it is only in that way that we can ensure our own self-determination in a pluralistic society.

English sample translation available

The author:

Sarah Spiekermann is a professor at the Vienna University of Economics and Business where she is part of the management team of the Information Systems and Society Institute and where she established the “Privacy and Sustainable Computing Lab” in 2016. Her professional career started in Silicon Valley at Openwave Systems before she moved to strategy consultants A.T. Kearney. Subsequently, she headed the Research Center for Internet Economics at the Humboldt Universität Berlin. Thanks to her many years of research Sarah Spiekermann has become a high-profile critic of the IT sector and its concept of humanity. In the summer of 2016, she was given the task by the IEEE, the biggest and oldest engineers’ association in the world, of leading the historic first standardisation process addressing the ethical configuration of technology. Sarah Spiekermann is a sought-after keynote speaker.

Sina Trinkwalder

The Future is a Good Place

- Entrepreneur Sina Trinkwalder has developed a new concept of society: caring, meaningful and just



March 2019, 208 pages

A gleaming utopia as an answer to the fear-inducing forecasts

Digitalisation and automation destroy millions of jobs. The dramatic consequences for social coexistence: millions of “superfluous” employees, the loss of considerable tax money and collapsing social funds. However, Sina Trinkwalder also sees great opportunities for a new society: socially relevant work will be additionally remunerated, working hours will be reduced to 30 hours a week, job descriptions will change, digitalisation allows a significantly more efficient distribution of resources on the one hand and on the other a more targeted and meaningful deployment of the workforce.

The author:

Sina Trinkwalder, born in 1978, was manager of her own advertising agency for more than ten years. In 2010, she founded the first textile social business in Germany: ‘manomama’. This clothing manufacturer produces ecological-social clothing and accessories in a regional supply chain produced by formerly unemployed seamstresses. Sina Trinkwalder has received numerous prizes and awards, amongst others ‘Social Entrepreneur of Sustainability’ and the Order of Merit of the Federal Republic of Germany.

Maren Urner

Stop the Daily Armageddon

- The neuroscientist shows how the constant bombardment by the media emotionally and intellectually overwhelms us
- For readers of Harald Welzer, Jaron Lanier and Hans Rosling



June 2019, 240 pages

Trend topic: media consumption and political apathy

If you are constantly refreshing your newsfeed, you're not learning more

Every day, push notifications on smartphones, live tickers for football games, coalition negotiations and terrorist attacks, constantly checking breaking news – what is this flood of news doing to us? Maren Urner warns that we are putting ourselves under considerable stress and could end up both physically and psychologically ill. As a result a feeling of learned helplessness is nurtured in society. It leaves us passive, cynical and politically apathetic. With her scientific expertise and her practical experience in constructive journalism, the doctor of neuroscience and editor-in-chief of the Perspective Daily shows us how we can confidently deal with the flood of news.

The author:

Dr Maren Urner, born in 1984, studied cognitive science and neuroscience in Germany, Canada and the Netherlands, and gained her doctorate at University College London. In 2016, she founded perspective-daily.de. Now 12,000 subscribers finance the advertisement free online magazine where one article per day is published – this article is well researched and solution-orientated making it constructive journalism.

BIOGRAPHY / MEMOIR

Maria Bachmann

You Have No Idea How Lucky You Are

- Deeply moving and humorous – a book that reflects the life of a complete generation



March 2019, 272 pages

Maria Bachmann's wake up call rouses people from their slumber

Maria Bachmann experienced a childhood surrounded by the feeling of oppression and silence. Her parents, who were traumatised by the war and grew up in harsh conditions themselves, could not give their daughter what she so desperately needed: comfort, assurance and self-confidence. Hauntingly and authentically, Maria Bachmann tells of a lonely childhood in the Southern German provinces of the sixties and of the inherited scars, but she also tells how she ultimately found her inner home and reconciliation with her parents.

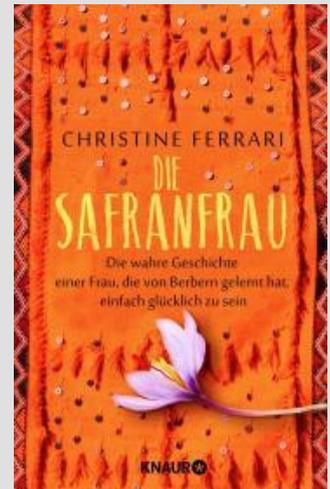
The author:

Maria Bachmann, born in 1964, is known to a large audience from many cinema and TV productions. Since her training as an actress, she has addressed how emotional barriers can be overcome and feelings can be authentically lived out. This led her to intensively address her own past and to the fact that today, she also helps others as a coach. The author lives in Munich.

Christine Ferrari

The Saffron Woman

- The inspirational story of a woman who fell in love with Morocco and now runs a flourishing saffron farm
- For readers of Corinne Hofmann's "The White Massai"



June 2019, 248 pages

Harvest time in paradise

Christine Ferrari lives the life that many women can only dream of

In her mid-forties Christine Ferrari took a brave step and gave everything up to find happiness in Morocco. She delved deep into the culture of the Berbers, who taught her the real meaning of life: being in balance with herself and nature. Soon, she discovered a small house with fertile land and finally she knew what she wanted to do: cultivate saffron. During a visit to Switzerland, she decided to bring her lonely father who was suffering from dementia back to her new homeland. In the latter years of his life, her father bloomed just like the saffron does each autumn. Christine sells the spice to gourmet restaurants around the world.

The author:

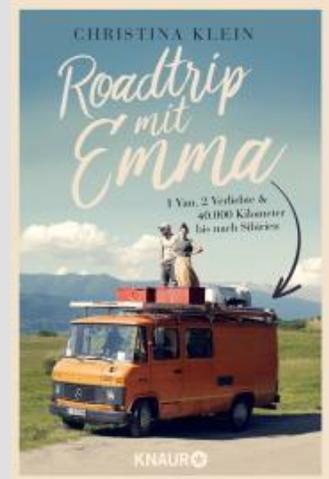
Christine Ferrari, born in 1960 in Basel, has lived in Morocco for ten years. During the harvest she employs up to fifty Berber women and the quality of her "red gold" is known around the world. Her botanical garden fascinates tourists from around the globe.

Andrea Micus is a journalist and book author. A few years ago, she became acquainted with Christine in Morocco and was immediately fascinated by the Swiss woman who had grabbed life with her own hands.

Christina Klein

Road Trip with Emma

- Alternative lifestyles and travelling are big among the young generation
- Christina Klein and her boyfriend run the “passportdiary” Instagram account that has over 30,000 followers



April 2019, 240 pages

A crazy trip in a van: from Transnistria to Kyrgyzstan

“Are we to spend the rest of our lives staring at the walls of an office day in day out – the only variety being parties and consumerism?” When Christina Klein and her boyfriend Paul are unable to find any satisfactory answer to this question, they decide to leave their everyday life behind them. They convert an ancient bright orange Mercedes Camper, called Emma, and head off on an adventurous journey. They cover 40,000 kilometres from Transnistria via Chechnya to Christina’s grandmother in Siberia. With humour and ease, Christina Klein tells of the surreal encounters, of adventures great and small, of the turbulence that blows through their journey and life plans, and of the freedom that is found on the open road.

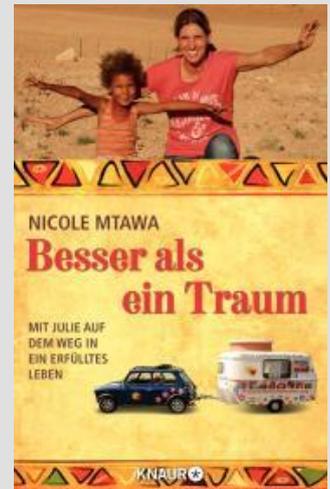
The author:

Christina Klein, born in 1991 in Siberia, came to Germany as a child. After university, she decided to travel to deepest Siberia with her boyfriend Paul to search for her roots. Until her next road trip, the passionate cook and cafe owner lives alternately on a farm in Brandenburg and in Berlin.

Nicole Mtawa

Better than a Dream

- The inspiring story of a young German woman who founded a children's village in Tanzania
- Nicole Mtawa is supported by Corinne Hofmann, the white Masai



August 2019, 256 pages

Freedom, adventure and the search for meaning – alone with a child in Africa

At a young age, Nicole Mtawa was certain that her life should above all be one thing: meaningful. For more than 15 years, the strong-willed German has been looking after the most severely disabled children in need and has established care homes in India and Africa. Her objective is to help those who don't get a chance in life and who have been rejected by their families. When her longed-for daughter Julie was born, Nicole had to set new priorities in order to responsibly raise her daughter and at the same time remain true to her own idea of life.

The author:

Nicole Mtawa, born in 1979, asked herself at an early age how she can live a meaningful life. After travelling through Australia, India and Africa and studying clothing technology, she made a decision in 2005: instead of working in her learned profession, she went to Tanzania in order to help street children there. Soon she began campaigning on behalf of children who required all-round care. She built homes in India and then later in Tanzania. In 2010, she founded the Human Dreams e.V. charity. Nicole Mtawa lives with her five-year-old daughter Julie in Tanzania.

Aaron Wahl

A Door to Your World

- The first book by someone with autism who explains how he accesses his emotions
- With a foreword by leading psychologist and autism expert Prof Dr Tony Attwood



April 2019, 256 pages

From darkness into life

People with Asperger's syndrome cannot interpret and communicate feelings. That makes them outsiders and often prisoners of their own world of perception. Aaron Wahl is familiar with this situation. However, he fights against the isolation. It was a life-changing breakthrough for him when at an emotion training session he discovered how fear, happiness and grief feel. Aaron has managed to process the death of his beloved grandparents and to build bridges to his fellow human beings. He got to know the colourful side of life. This book is an encouraging story of a young man who, after years of suffering, gains access to a world that he had almost given up on – the world of happiness.

The author:

Aaron Wahl, born in 1990, was certified permanently unfit for work in his early twenties. Since his diagnosis with Asperger's syndrome, he has battled his way back to the world of employment. He established the "PEM Autismus" project that aims to support the strengths and skills of people with autism. Within a few months, the project experienced international acclaim.

Stefan Maiwald

Slobs Challenge

- Because everyone feels like this: the parenting self-help book with tried and tested tips for everyday life



April 2019, 160 pages

The only self-help book on puberty that you will ever need!

It all starts when your daughters stop writing their i's with a heart instead of a dot. When pyjama parties are planned for the weekends and there are no longer pictures of baby animals above their beds but half-naked film stars. Then it is not much longer until there is perfect chaos. It's not at all easy to speak in the right tone to these adolescents, says successful author Stefan Maiwald. But ultimately everyone feels like this. He tells amusing anecdotes of everyday life with teenagers, of the small and large problems and of role changes. As before in his successful self-help book "Wir sind Papa" he has interesting information at hand and survival tips on how to serenely navigate this difficult time.

The author:

Stefan Maiwald, born in 1971 in Braunschweig, is the father of two teenage daughters. The author of historical novels and numerous humorous non-fiction books, including the bestseller "Laura, Leo, Luca und ich – wie man in einer italienischen Familie überlebt" and "Wir sind Papa! Was Väter wirklich wissen müssen", he also writes travel guides and reports for magazines, e.g., Merian, SZ Magazin, Feinschmecker and many more. He lives with his Italian wife and their two daughters on Grado in the Adriatic Sea.

Dr. med. Claudia Hohmann, Sabine Pork

Help for Thyroid Disease

- Self-help with competent instructions from doctors
- The successful series for your health: practice-orientated, well founded and holistic



March 2019, 96 pages

Hands-on health – soothe and heal even active conditions

Two successful recipes in one: competent health self-help book and exercise book to get active yourself

Based on the five columns of holistic health: lifestyle, exercise, hydrotherapy, herbal medicine and nutrition

With checklists, questionnaires, nutrition coaching, exercises to do at home, dos and don'ts, and continuous success checks

An over or underactive thyroid can be treated holistically. Patients with Hashimoto's thyroiditis, Graves' disease and other symptoms are shown types of naturopathy, including other special relaxation procedures as well as compresses so that they can become active themselves. In the case of autoimmune diseases, the focus is on strengthening or regulating the immune system.

The authors:

Dr med. Claudia Hohmann is an internist and works as an assistant doctor in the integrative oncology department at the Klinik für Integrative Medizin und Naturheilkunde in Essen.

Sabine Pork is a graduate nutrition scientist, occupational therapist and certified therapist for mind-body medicine and has worked for more than 15 years as a nutrition and regulative therapist at the Klinik für Naturheilkunde in Essen. She leads groups and seminars on health self-training and is a lecturer for the training and further training for doctors, therapists and students.

Isabell Horn

Wonderful, Demanding, Exciting

- Simple mother and baby exercises, healthy power recipes and practical wellness tips so that mums don't forget to look after themselves



March 2019, 160 pages

With practical recommendations from midwife Janis Schedlich

Being a mum is beautiful, demanding and above all exciting. Actress and influencer Isabell Horn is the proud mum of one-year-old Ella and gives her followers and other mums tips and tricks for daily life with a baby. In her book, she shows how important it is to treat yourself despite being constantly on-call. Simple mother and baby exercises, healthy power recipes and practical advice for mums make for a fantastic wellness programme for the baby's first year. In addition, Isabell Horn's midwife, Janis Schedlich, gives valuable recommendations on how to more easily and cheerfully structure daily life with a child.

The authors:

Isabell Horn, born in 1983, became famous thanks to TV series, such as "Alles was zählt" and "Gute Zeiten Schlechte Zeiten". Before that, she studied acting and singing, and had been on stage in theatre productions in Berlin, Hamburg and Düsseldorf. In 2017, she gave birth to daughter Ella, who also plays an important role in her mum's second career as an influencer. On Instagram, Facebook and her Youtube channel "This is life" Isabell gives daily insights into her life as a mother, a partner and a business woman.

Janis Schedlich, born in 1974 in Berlin, has worked as a freelance midwife for 20 years in the German capital. Her work focusses on consultation for pregnant women, puerperium care and baby nutrition for infants under one. In her expert capacity, she assists families through this exciting time.

Inka Jochum

The Book of Foot Healing

- The self-help book on foot health by the well known body therapist and bestselling author
- Total sales of Inka Jochum's work: 450,000 copies



February 2019, 96 pages

Stand on healthy feet throughout your life – the practical book for foot health

From the medical practice to everyday practice: foot exercises that really help

Feet are the basis upon which we stand throughout our lives. If your feet are healthy, then you are healthy. Experienced body therapist Inka Jochum demonstrates simple exercises to keep feet healthy, ease pain and heal foot conditions. Alongside instructions for massages, exercises for perception and mindfulness, there is a training programme that strengthens and vitalises all parts of the foot. A concluding section is dedicated to specific aid for foot conditions, e.g., bunions and calcaneal spur. Clear instructions and precise photos make doing the exercises at home easy and effective.

The author:

Inka Jochum has been teaching breathing therapy, yoga and qi gong for over 40 years. Many of her health self-help books have become bestsellers. For 35 years, she taught at a state gymnastics school and continues to give courses at adult education centres. In addition, she organises seminar trips to power places on Crete or in India. Inka Jochum is the founder of DANA e.V., the society for the preservation of Tibetan culture and medicine.

Charlotte & June Karlinder

Health? It's Child's Play

- Healthy, happy and relaxed children – the perfect reference work by the health expert
- For parents with children aged four to twelve



April 2019, 224 pages

Healthy in any situation – the holistic children's health self-help book

Infectiously simple advice: clearly presented, scientifically-grounded and can be immediately followed

Health expert Charlotte Karlinder explains everything that parents need to know regarding their children's health. Her health tips cover all aspects of life for children aged four to twelve: from the basics of children's health to emergency treatment for health problems, facts worth knowing about nutrition, fun tricks for more exercise and her Swedish grandmother's comforting secret recipes. Charlotte's eleven-year-old daughter June comments on her mother's advice and explains it so that other children can understand that in the long run the body suffers if it is not looked after and cared for like a well-loved teddy bear.

The author:

Charlotte Karlinder is a native of Sweden who lives in Hamburg and Berlin. For nearly 20 years, she has been presenting various TV programmes and she specialised in preventative and lifestyle medicine thanks to her paramedic training. She is health journalist who produces TV and online reports on health matters and trends, she has established her own online health magazine "Karlinderleicht leben" (at charlotte-karlinder.de) and is the press spokeswoman for DRK-Schwesternschaft.

June Karlinder is eleven years old and enjoys trying out and commenting on her mother's tips and tricks.

Anne Kissner

365 – A Small Piece of Me

- YouTube: 750,000 subscribers
- Facebook: 80,000 fans
- Instagram: 200,000 followers



January 2019, 224 pages

This year, let's change your life. Bit by bit every day.

This lifestyle planner will remind you of all important to-dos in your daily routine and help you on your journey to a fitter and healthier life.

Don't worry, I won't leave you to do it all by yourself :) We will get there together. I've included many simple recipes, effective short workouts and of course many more small highlights for you.

Anne Kissner, the successful YouTuber and fitness and nutrition expert, presents her innovative journal where she brings everything together that leads to a balanced and happy daily routine. She makes many suggestions and motivates the reader to make their day healthier, fitter and more harmonious. With the help of calendar entries, lists, a diary, effective short workouts, simple and fast recipes and many other ideas, everybody can discover their "better me" 365 times a year. Including an undated year planner to fill out yourself, unique lifestyle design and with illustrations by Anne Kissner.

geht es hier darum, wie das Buch aussieht? um das klärer zu machen könnten wir etwas wie, unique lifestyle design schreiben?

The author:

Anne Kissner, born in 1988, holds a degree in law and is a trending fitness blogger and nutrition expert from Freiburg. She blogs on YouTube channels Body-Kiss, BodyFood and BodyLaw, which she has been running since 2014 with her husband Daniel Henniger. She reaches a fan base of more than one million subscribers every day. Most recently, Anne Kissner published the cook book BodyFood.

Anna Kraft , Dr. Nina Sander

Fit Throughout Pregnancy

- The fitness self-help book for expectant mums by the well known sports presenter
- With individual workouts, tests to evaluate your body and sections to fill out



April 2019, 160 pages

Don't fear fitness during pregnancy

“What am I allowed, what am I not allowed?” expert advice from gynaecologist Dr med. Nina Sander

Can I still go jogging with a baby bump? How far can I push my body? What fitness exercises are good for the baby? Sports presenter Anna Kraft asked herself precisely these questions at the start of her pregnancy. In her book, she gives answers to all expectant mothers who do not want to do without sport. The 50 exercises are perfectly adapted to the respective phases of pregnancy and post-pregnancy, and take the changes in the body into consideration. In addition, gynaecologist Dr med. Nina Sander gives an assessment of what women can do and what they should pay attention to. Finally a book that takes the fear out of sport during pregnancy and sensitively shows what is possible.

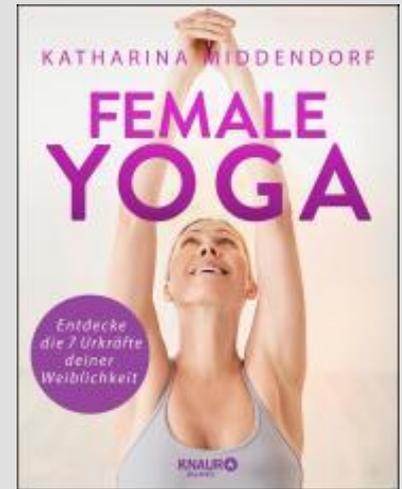
The author:

Anna Kraft is the fastest presenter on German TV. The former sprinter has also kept the speed up in her journalism career. After studying at the Deutsche Sporthochschule in Cologne, the sports scientist became a sports presenter, initially for SAT1, SKY and Sport1, and later for ZDF. She reports on large sporting events and also on the Bundesliga and the Champions League. However, just reporting about sport is not enough for her. Doing sport is her great passion and she did not want to give up during her pregnancy.

Katharina Middendorf

Female Yoga

- The first yoga self-help book to discover feminine strength and living to your full potential
- More than 60 colour photos for all exercises



March 2019, 240 pages

Go female! Women's yoga for all female needs

Every woman is defined by seven elementary powers. They are associated with important female skills, e.g., providing protection and safety, fully enjoying sensuality, obtaining self-affirmation in the world, giving love, making clear decisions, relying on their own intuition and spiritually developing themselves. Using the "moon salutation", well known yoga teacher Katharina Middendorf presents a central sequence of exercises that women can adapt every day to their respective mood and needs. A must-have for every yoga enthusiast.

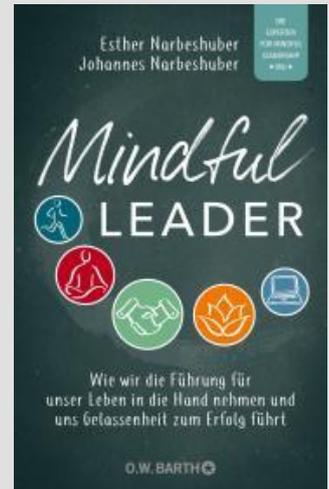
The author:

Well known yoga expert Katharina Middendorf has a Masters in communication and as an author she writes about yoga, partnerships and counselling. In 2008, she developed the yoga method nivata® and since then, she has trained yoga teachers. As an alternative practitioner for psychotherapy, she deploys the yoga therapy developed by her, her knowledge and her experience in aid of the human healing process. In her work as a couples and sexual therapist with both individuals and couples, the topics of intimacy and self-determination are important elements. Katharina Middendorf lives with her partner and her four children in Berlin.

Ester & Johannes Narbeshuber

Mindful Leader

- The practical self-help book on mindfulness for a stress-free working life and calm team leadership.



February 2019, 256 pages

“Middle management meditates.” FAZ

Learn from the professionals: the Mindfulness Leadership Institut is a leading centre in the German speaking region

Techniques that can be implemented immediately, numerous colour illustrations and a preface by Britta Hölzel (TUM/Harvard) and Peter Bostelmann (SAP)

Many scientific studies show that mindfulness reduces stress. Among the pressures of digitalisation and fast-paced workplaces, a calm overview and presence are desired characteristics. Based on the doctrines of mindfulness, MBSR and psychological and neuroscientific principles, the Narbeshubers present their successful programme. With this practical book, you can learn how to calm yourself in stressful situations and give your working life a clearer structure. Managers learn how to mindfully and emphatically lead their teams.

The authors:

Esther Narbeshuber is a business consultant, an MBSR teacher who trained with Jon Kabat-Zinn among others, a co-founder and board member of the Deutsche Achtsamkeitsverband (VFAM - German mindfulness association), certified teaching and mentoring coach, scrum master and managing director of the Mindfulness Leadership Institute in Salzburg.

Johannes Narbeshuber, MBA, is a psychologist, the managing director of Trigon Entwicklungsberatung, chairman of the Österreichische Bundesverband für Achtsamkeit/Mindfulness (ÖBAM - Austrian federal association for mindfulness) and senior coach in the Deutsche Bundesverband Coaching (DBVC - German federal association for coaching).

Theresa Röschmann

Dissatisfied?

- Four magical questions to get to the bottom of your own dissatisfaction and discover new perspectives



May 2019, 256 pages

Stop lamenting and just do what you really want

Theresa Röschmann is a coach and expert for matters concerning potential and personality

Do you want to start again? Take your personal coach home with you!

Be it in matters of love, family, work or health, a feeling of dissatisfaction can quickly arise and take hold. Theresa Röschmann is an expert in personal development and sees these feelings in many of her clients. Therefore, she has devised a programme, in which she guides the reader towards a fulfilled life by answering four magic questions:

1. What do I not have to do?
2. When is it uncomfortable?
3. Who can I be?
4. How do I get there?

In this way, the true causes of your dissatisfaction can be recognised and new ways become possible.

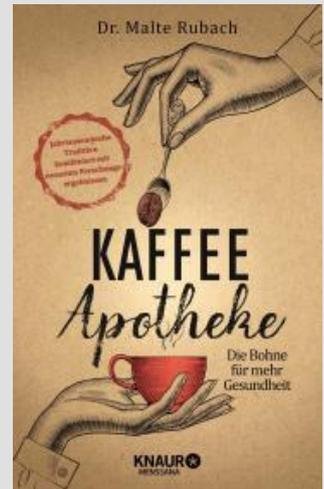
The author:

Theresa Röschmann, M.A., born in 1971 in Bonn, is an entrepreneur and has worked since 2004 as a coach and expert for creative personal development, realisation of potential and business mentoring. Furthermore, she teaches at various universities in the “careers service” departments and is the founder of the YOUR WAY philosophy. She focuses on: creativity, relationship management, personal development, marketing/PR and the realisation of potential.

Dr. Malte Rubach

Coffee Pharmacy

- Coffee enhances health - facts, recipes and delight!
- Expert knowledge from coffee researcher Dr Malte Rubach



February 2019, 176 pages

Finally an end to the coffee myths – what the coffee bean can do for our health

One cup of coffee, a thousand ingredients, one million possibilities. A lot of people do not know that the coffee bean does not only wake you up but it also has a positive effect on your heart, your circulation, your liver, your kidneys and your digestion. In this book, nutritionist and coffee expert Dr Malte Rubach clears up all coffee myths and explains how you can best make use of its health-promoting properties. With tips on usage, the most recent research results and new recipes fresh from the coffee roasting house.

The author:

After periods in Gießen, San Diego and Madison, author and nutritionist Dr Malte Rubach completed his doctorate in coffee research at the Technical University of Munich. He is a sought-after expert for matters concerning foodstuffs, nutrition and innovation. He lives and works in Munich.

Ulrike Scheuermann

Self Care – You are Valuable

- Practical psychological counselling on the new self-care trend



February 2019, 192 pages

Care for yourself and live – the practical book

Many people care for the well-being of others but they themselves fall by the wayside. And they realise that they can't go on. Can you learn to care for yourself? Yes. As part of her self-care programme, popular psychologist Ulrike Scheuermann describes seven areas of life where people are kind to themselves, nourish themselves and take a break for their body, mind and soul. Thanks to many exercises, case examples and modern psychological methods, people can develop a new self-care routine from scratch that doesn't fizzle out after the initial enthusiasm has worn off but has a sustainable effect and allows them to blossom.

The author:

Ulrike Scheuermann studied psychology and is a bestselling author, lecturer and managing director of *esencia* in Berlin. In her cross-media seminars she combines modern approaches to psychology and medicine with a holistic lifestyle concept. For more than 25 years, she has assisted people with their personal and professional development so that they take good care of themselves, are free from within and live your essential values.

Dr. med. Sarah Schotes, Sabine Pork

Help with excess weight

- Self-help with competent instructions from doctors
- The successful series for your health: practice-orientated, well founded and holistic



March 2019, 96 pages

Two successful recipes in one: competent health self-help book and exercise book to get active yourself

Based on the five columns of holistic health: lifestyle, exercise, hydrotherapy, herbal medicine and nutrition

With checklists, questionnaires, nutrition coaching, exercises to do at home, dos and don'ts, and continuous success checks

Even small changes in lifestyle can have great effect in the case of morbid obesity. This interactive patient coaching for self help in combating obesity shows options for holistically tackling the metabolic disease. No one-sided or extreme forms of nutrition and no yo-yo effect, but many supportive measures from natural medicine instead.

The authors:

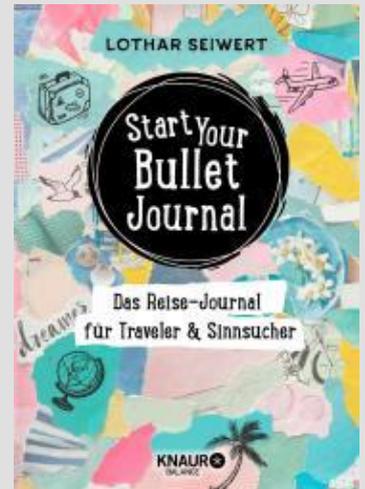
Dr med. Sarah Schotes has worked at the Klinik für Naturheilkunde und Integrative Medizin in Essen since 2015. She is an anaesthesiology specialist , holds additional titles in natural medicine and emergency medicine, and works on the natural medicine ward with overweight patients.

Sabine Pork is a graduate nutrition scientist, occupational therapist and certified therapist for mind-body medicine and has worked for more than 15 years as a nutrition and regulative therapist at the Klinik für Naturheilkunde in Essen. She leads groups and seminars on health self-training and is a lecturer for the training and further training for doctors, therapists and students.

Lothar Seiwert

Start Your Bullet Journal

- The Bullet Journal for Travellers and Seekers
- Innovative and new: the first travel journal using the bullet method



May 2019, 160 pages

More than just travel planning: the new bullet journal for travellers and seekers

Many people yearn for new ways of life since their world is constricting them. They are seeking meaning and new orientation. That is why they head for new shores. This travel bullet journal is intended to accompany you on your journey, be it for one month, three months or a whole year, short breaks or around the world trips. An important aspect is experiencing the faraway and the foreign. Leaving the familiar and taking on new challenges. It is specifically about backpacking, wandering, travelling, being on a journey, hiking, changing and in doing so seeking and finding yourself. The travel bullet journal will be a unique and highly personal memento that records the metamorphosis on a journey.

Printed on specially light paper and with inspiring templates and guidance for the journey's best moments

The author:

Prof Dr Lothar Seiwert is Europe's leading and best-known expert for time and life management. The prominent keynote speaker and internationally successful author has been awarded many prizes and honours for his work. Millions of people around the world have attended his presentations and have been inspired to focus on the essentials. The German Speakers Association (GSA) honoured him with his inclusion in the "Hall of Fame" of the best speakers and elected him as their honorary president. www.Lothar-Seiwert.de

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Veit Etzold

Public Enemy



March 2019, 464 pages

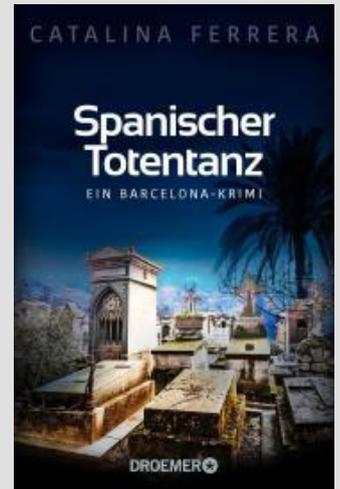
As readers and critics alike can attest, high concept thrillers by Veit Etzold are written with great suspense, current affairs and the latest trends.

What if: The former special commando soldier Iwo Retzick is contacted by his old comrade Philipp, a career politician. Philipp needs Iwo's help with a project that will change the future of the Federal Republic of Germany for all time. What is brewing between Dubai and Berlin is so outrageous that it exceeds Iwo's worst nightmare. What's worse: The conspiracy reaches into the very highest circles of finance, politics and security services. If Iwo wants to stop them, there is only one way: from within.

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Catalina Ferrera

Spanish Dance of Death



March 2019, 336 pages

A murder and a sophisticated criminal case in the “city of the dead,” the atmosphere of Spain with its humor and charm - such are the ingredients for every holiday country thriller

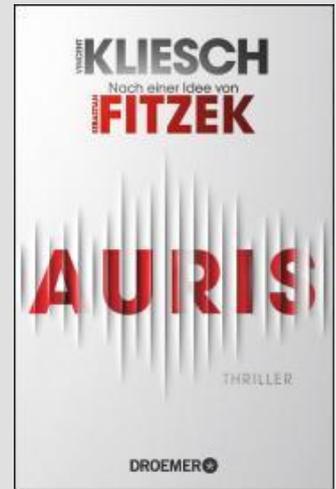
With a certain instinct for forensic suspense and a loving view of the peculiarities and contentions between the Catalans and the Spaniards, Catalina Ferrera leads the reader in her second Barcelona thriller not only through the fascinating capital of Catalonia, but also through Barcelona's huge cemetery, the Cementiri de Montjuïc. For what is an ultra-conservative politician doing in the Cementiri de Montjuïc at night, a cemetery as big as a whole city, the scene of illegal parties and all sorts of other unseemly pleasures in the darkest of hours? And, more importantly, who murdered the man there? As another - unburied - corpse appears in the cemetery, superstitious Barcelona is quickly losing its own fears. Comisario Alex Diaz and his brother-in-law Karl Lindberg, who have just been officially named sergeant to the Catalan police, have their hands full trying to catch the “devil” himself.

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Vincent Kliesch

Auris

- Adapted from an idea by Sebastian Fitzek



May 2019, 252 pages

Vincent Kliesch wrote this novel based on an audio drama by Sebastian Fitzek.

Fast-paced and unique: a suspenseful thriller emerges from the collaboration between two bestselling authors!

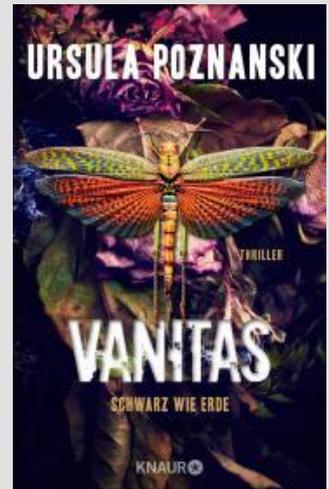
The slightest deviation in the sound of a voice is enough for the famous forensic phonetician Matthias Hegel to distinguish truth from lie. Numerous criminals have already been convicted with his help. Has he now lied himself? His confession that he murdered a homeless woman in a fierce argument seems all too frank. Julia Ansorge, a true crime podcaster specializing in rehabilitating innocent convicts, is determined to find out the truth. But when she digs too deep into Hegel's case she puts not only herself in grave danger ...

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Ursula Poznanski

Vanitas

- A psychologically compact thriller with an unusual heroine and guaranteed goose bumps!



February 2019, 384 pages

The Vanitas Series – vol. 1

Deadly floral greetings: *Vanitas – Dark as the Earth* is the start of a new thriller series by SPIEGEL bestselling author Ursula Poznanski. A Viennese florist with a dark past investigates a ruthless crime syndicate.

At the main cemetery in Vienna, the florist Carolin is such a familiar sight that she is almost invisible. Just as the messages she exchanges with her clients are encoded in the language of flowers - because her greatest fear is to be found. Just a year prior Caroline's name was a different one; as a police informer she was on the trail of one of the most brutal organized crime gangs. Hardly anyone knows that she survived her last mission. But then she receives a flower greeting, which calls her to Munich for a new case - and which makes her fear that she could soon experience her own death a second time ...

Michael Tsokos

Shattered

- »Paul Herzfeld is back! Captivating. Gripping. Fascinating. A forensic roller coaster ride. The backstory of "Shattered" with an even deeper true crime factor.« Sebastian Fitzek



March 2019, 416 pages

Forensic expert Paul Herzfeld is irritated when his superior, Prof. Schneider, surprisingly commits himself to a machete as a murder weapon during the autopsy of a dismembered female body. The autopsy assistant also appears unusually nervous and agitated. And indeed, the blood-stained murder weapon appears shortly afterwards in a park in Kiel: an artistically decorated machete. The media immediately hail as a forensics genius; his rise to director of forensic medicine in Kiel seems a mere formality. But then the institute's janitor confesses to Herzfeld that he has seen the machete before and that the dead woman is no stranger to him...

Shattered is based on real cases, true investigations and decades-long professional experience by the forensic expert and author

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Jakob Bodan

A Completely Misguided Life

- An insider writes close to the historical events about an unprocessed chapter of German history.



June 2019, 384 pages

A suspense-filled social novel about the murders of the RAF's third generation: The third generation of the RAF wanted to avenge the end of the GDR. Their attacks - on Alfred Herrhausen and others - were never solved. To this day, the murderers live underground. But the way they live is another story...

Frederic can't stand it any longer. Constanze could help him start a new life. But she is the daughter of an assassination victim. And if it weren't for truth's poison and shady politics. Frederic becomes the hunted in a game in which too many sides want to bury the truth forever.

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Charlotte Roth

See You Under the Linden Trees



April 2019, 528 pages

A stirring novel by bestselling author Charlotte Roth about the construction of the Berlin Wall, life in the young GDR, and torn families and friendships.

Post-WWII Berlin

Susanne learned to believe in socialism through her beloved father Volker who was a teacher. Without ever losing faith in humanity, he fought against the Nazi regime - and was shot shortly before the end of the war in front of his sixteen-year-old daughter. Susanne has never forgotten the experience that shaped her life. In order to fulfill her father's legacy, Susanne dedicates herself wholeheartedly to building a better Germany.

Only when she meets and loves the cheerful chef Kelmi does she gradually begin to understand what is happening around her. But the belief in socialism in Eastern Germany is too deeply rooted in her. The bond linking to her dead father is simply too strong.

Then, August 13th comes around, and suddenly the wall blocks Susanne from any alternative possibilities ...

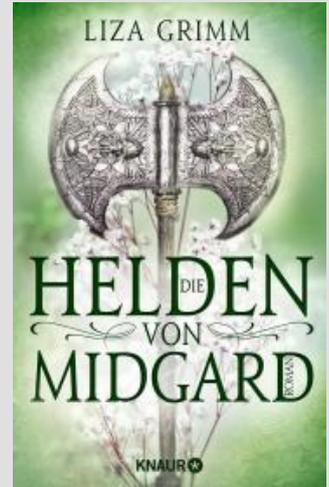
»A touching love story and a shattering family tragedy – written with great suspense.« Mechtild Borrmann, author of the SPIEGEL bestseller Trümmerkind (Child of the Wreckage)

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Liza Grimm

The Heros from Midgard

- *The Nordic gods are back, and they are more irresistible than ever!*



March 2019, 304 pages

*In her urban fantasy novel **The Heroes of Midgard**, YouTube shooting star Liza Grimm tells of a Valkyrie's love for a chosen hero who departs from his destiny's path.*

The young warrior Erik is destined to become a true hero. He is assisted on this difficult path by the god Tyr and the Valkyrie Kára. Not an easy task for Kára, because she is secretly in love with the young man who does not know who she really is. But then they both learn from the cunning Loki learn that father of the gods Odin has strictly forbidden all inhabitants of Asgard to approach the people. Tyr and Kára have no idea that Loki is playing games with them. For if Erik fulfilled his destiny, it would lead him directly to Walhall to the table of the gods. And there is someone who does not want to see the young man there.

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Markus Heitz

The Dark Lands

- *The Dark Lands* takes place in one of the most influential, darkest times in contemporary German history, combining both truth and fiction.



March 2019, 560 pages

A mercenary, sinister forces and magic ...

1629: The 30-year war with its conflicts shakes Europe and rages particularly mercilessly in Germany.

The young adventurer Aenlin Kane travels to the neutral city of Hamburg to explore the legacy of her famous father Solomon Kane. Together with her friend Tahmina, a Persian mystic, she falls into the turmoil of war. They accept a momentous commission from the West Indian Company: A troupe thrown together is supposed to make its way through the lines to southern Germany, all the way to Bamberg, where the most cruel witch trials let the pyres burn - but things turn out differently. It is too much to be a coincidence!

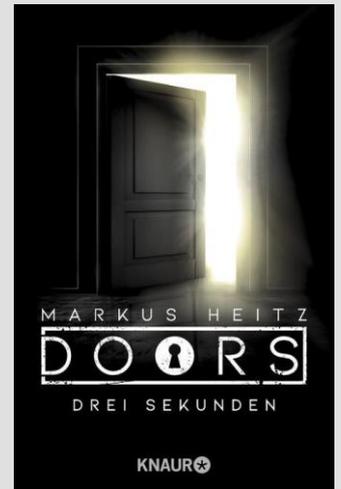
Aenlin and Tahmina know about evil and the demons that cavort the earth and use the turmoil of war to their advantage. Soon there will be more than one order from the Compagnie.

And the leader of the troupe, Nicolas, has a dark secret ...

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Markus Heitz

Doors – Three Seconds



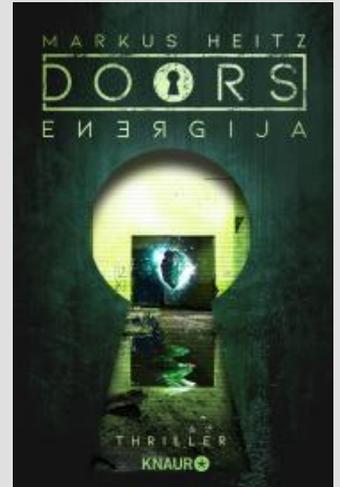
July 2019, 11 pages

Starting mid-2019 with season 2, you will once again be faced with a choice: three books, three alternative stories, three doors – which one will you open?

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Markus Heitz

Doors – Energia



August 2019, 304 pages

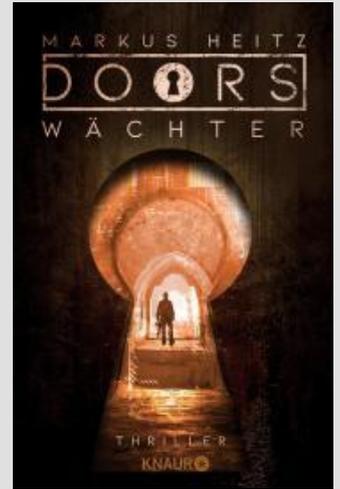
When Milana's father dies in an explosion in an experimental fusion reactor, she sets off to do her own research.

The scientist has hidden records of a strange stone that is to be assembled from splinters of an unknown metal. To solve the mystery of his death, Milana has to go through a special door. Why and where is it located?

But the international corporation her father worked for is doing everything it can to preserve the secret of the splinters. The young Russian is already in great danger, and a hacker named Nótt suddenly helps her. Who is the person? Where does the door lead to - and what lurks behind it? Milana is determined to get to the bottom of the things ...

Markus Heitz

Doors – Guards



August 2019, 304 pages

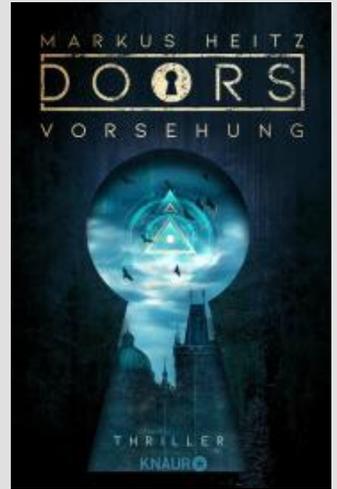
Anton cannot prevent the attack on his old mentor; the elderly carpenter ends up in a coma. His family asks Anton to finish the door on which the master worked tirelessly. The accompanying ancient records confuse Anton. There is talk of stone splinters to be used and where to find them. Can the door really perform such miracles as described in the ancient text?

Suddenly a person named Nótt busts into his life and turns everything upside down. The attackers of that time have also long since targeted Anton and are chasing him, the documents - and the door. What is it all about? Who are the adversaries? Anton has no choice: he has to finish the door in order to understand and survive ...

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Markus Heitz

Doors – Providence



August 2019, 304 pages

When Milana and Anton meet at the ball of a mysterious foundation, they have no idea that it is not a coincidence, but that a hacker named Nótt is behind it all. The daughter of a Russian scientist and the young master carpenter have a certain thing in common, of which they have no idea at this moment: very special doors that make the impossible possible. And metal splinters.

But things turn out differently than Nótt planned because Providence has its own plans. Plans that are unpredictable: Immortals are on their way, sent out more than a century ago to fulfill a mission.

Milana, Anton and Nótt are already in an adventure they could never have imagined. For it is about much more than their own existence ...

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Sebastian Fitzek

The Fish that Climb Trees



March 2019, 256 pages

A Compass for the Great Adventure called Life

In this book, bestselling author Sebastian Fitzek poses existential questions: What counts in life? How do you find your happiness? Which goals in life are right? What do you learn from defeats? And how do you deal with your fellow human beings? In exciting personal episodes he tells what is important in life and how a happy life can succeed.

Sebastian Fitzek was inspired for this book by his role as a father - and the question of what he would give his children for life if he did not have much time left. And thus *The Fish that Climb Trees* is a very personal legacy of a father to his young children - and a book for all those who seek support and want to ascertain the values that are important to them.

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Nicole Staudinger

I Gain Weight Just By Watching Others Eat:

- *How I Lost 30 Kilos in the Face of 7 Million Excuses*



March 2019, 208 pages

The funny and inspiring slimming experience by someone who made it to the other side of the scale.

Diets are hard on the stomach: counting calories, giving up pleasure and at the end the yo-yo effect, hardly any woman doesn't know the crux of losing weight. With a large dose of humor and self-irony, the quick-wittedness queen Nicole Staudinger tells how she finally succeeded in losing weight after decades of diet defeats.

Nicole Staudinger has years of failed diet attempts behind her. She left hardly a new slimming trend untried - without success. The kilos she lost came right back through the yo-yo effect. Only when she realized that her eating behavior was the problem - a treat as a reward, a consolation or just in between - did she manage to lose weight. By not making it her goal to reduce her weight, but to eat a conscious and balanced diet, the pounds began to tumble all at once. The yo-yo effect failed to appear this time. And not only that: she also found more energy, well-being and body awareness.

In this book she makes other women want to end the renunciation of pleasure through her typical light and witty approach in order to develop a new body image with humor and self-confidence.

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